

The Cinderella Complex Womens Hidden Fear Of Independence Colette Dowling | 98e7d66b798890eb7b09217cffb0d846

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Man?*

[WE](#)

*Bedtime Classics: charmingly illustrated board book editions
of perennial favorites, simplified for the youngest readers!
Bedtime Classics introduce classic works of fiction to little
literary scholars through character-driven narratives and
colorful illustrations. Designed to be the perfect one-minute
bedtime story (or five minutes--if you're begged to read it over
and over), parents can feel good about exposing their children
to some of the most iconic pieces of literature while building
their child's bookshelf with these trendy editions! A King and*

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Queen invite all the princesses in the land to their palace to find a proper suitor for their son, the prince. But when an unconventional princess stumbles through the castle gates, she's put to the ultimate test. By setting a pea under a large stack of mattresses, the royal family will discover if the girl is "princess material" once and for all.

[The Cinderella Syndrome](#)

As plague ravages the overcrowded Earth, observed by a ruthless lunar people, Cinder, a gifted mechanic and cyborg, becomes involved with handsome Prince Kai and must uncover secrets about her past in order to protect the world in this futuristic take on the Cinderella story.

[Cinderella Complex](#)

"A retelling of Cinderella about an indomitable inventor-mechanic who finds her prince but realizes she doesn't want a fairy tale happy ending after all"--

[Cinderella Is Dead](#)

A dark, twisted Cinderella retelling that fans of Sarah J. Maas and/or Melanie Dickerson are sure to enjoy. Magic can have deadly consequences. When the sudden and suspicious death of Eloise's mother points to forbidden magic, Eloise is determined to bring her mother's murderer to justice. She will stop at nothing to find the killer...even if the clues lead right to the palace gates and the prince's manservant, Kaven. He is irrational, volatile, and prone to knocking women off horses. Given his personality, it should be easy to find the proof she needs to place him in irons. However, when dark magic is

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used, nothing is as it seems, and Eloise is about to learn that nightmares often hide behind fairy tale lives. Fans of the Beastly Tales will not want to miss this new addition to the same world. Filled with magic, unexpected foes, and brooding, impossible men, this Tale of Cinder is sure to leave you burning for more!

[Coloring for Grown-Ups](#)

Explains how to identify shadow syndromes, mild forms of serious mental disorders, and their implications, and offers advice on therapeutic options to temper the ailments

[Defiant](#)

A love of fashion. A couture competition. A once-in-a-lifetime chance . . . Angel wants to be a fashion designer, but without money or connections, it's going to be a challenge. So when she gets a chance to head to Paris, Angel grabs it - even if it means masquerading as her best friend Lily. That can't be too hard, can it? But faking things doesn't come easy, and when Angel meets her very own Prince Charming, things start to get complicated. She needs to stop her secrets unravelling if she wants to live happily ever . . . From exciting talent Jennifer Kloester comes a modern fairytale of high society, mistaken identity, love, betrayal, friendship - and great clothes.

[The Fairy Godmother](#)

Footbinding is widely condemned as perverse & as symbolic of male domination over women. This study offers a more complex explanation of a thousand year practice, contending that the binding of women's feet in China was sustained by the

Download File PDF The Cinderella Complex Womens Hidden Fear Of Independence Colette Dowling interests of both women and men.

[The Psychosocial Implications of Disney Movies](#)

[Carrie](#)

Combining personal anecdotes and vivid case histories with advice from scripture, this book is designed to help women burst the bubble of fairy tale thinking--waiting endlessly for the right someone or something to change their lives--and learn how to live happy, truly fulfilling lives--even in this less than perfect world.

[Arabian Jazz](#)

The story of how women's lives, loves, and dreams have been re-shaped since 1950, the year of Walt Disney's Cinderella and a time when teenage girls dreamed of marriage, Mr Right, and happy endings Cinderella stories captured the imagination of girls in the 1950s, when dreams of meeting the right man could seem like a happy ending, a solution to life's problems. But over the next fifty years women's lives were transformed, not by the magic wand of a fairy godmother, nor by marrying princes, but by education, work, birth control - and feminism. However, while widening opportunities for women were seen as progress, feminists were regularly caricatured as man-haters, cast in the role of ugly sisters, witches or wicked fairies in the fairy-tale. This book is about the reshaping of women's lives, loves and dreams since 1950, the year in which Walt Disney's film Cinderella gave expression to popular ideas of romance, and at a time when marriage was a major determinant of female life chances and teenage girls dreamed

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of Mr Right and happy endings. It ends with the runaway success of Disney's Frozen, in 2013 - a film with relevance to very different times. Along the way, it illuminates how women's expectations and emotional landscapes have shifted, asking bold questions about how women's lives have been transformed since 1950. How have women's changing life experiences been mirrored in new expectations about marriage, intimacy, and family life? How have new forms of independence through education and work, and greater control over childbearing, altered women's life ambitions? And were feminists right to believe that sexual equality would improve relationships between men and women?

[You Mean I Don't Have to Feel This Way?](#)

This retelling of the beloved fairy tale finds 15-year-old Ella discovering that accepting the Prince's proposal ensnares her in a suffocating tangle of palace rules and royal etiquette.

[Shadow Syndromes](#)

Discusses the basic psychological principles of interpersonal relationships.

[The Cinderella Elephant](#)

Learn to change the emotional bad habits that make you unhappy. - Recognize Your Emotional Bad Habits (and start to break them) - Throw Off Your Security Blanket (and accept that you can have happiness) - Talk Tenderly To Yourself (and increase self-esteem) - Use The "To You-Ness To Me-Ness" Technique (and respond to negative comments with firm conviction, not rage) - Get Rid Of The Imposter

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*Phenomenon (and stop devaluing yourself) - Accept Praise
(and cease being your own worst critic) - Stop Measuring
Your Self*

[Kelroy](#)

In the vein of Wicked, The Woodcutter, and Boy, Snow, Bird, a luminous reimagining of a classic tale, told from the perspective of Agnes, Cinderella's "evil" stepmother. We all know the story of Cinderella. Or do we? As rumors about the cruel upbringing of beautiful newlywed Princess Cinderella roil the kingdom, her stepmother, Agnes, who knows all too well about hardship, privately records the true story. . . . A peasant born into serfdom, Agnes is separated from her family and forced into servitude as a laundress's apprentice when she is only ten years old. Using her wits and ingenuity, she escapes her tyrannical matron and makes her way toward a hopeful future. When teenaged Agnes is seduced by an older man and becomes pregnant, she is transformed by love for her child. Once again left penniless, Agnes has no choice but to return to servitude at the manor she thought she had left behind. Her new position is nursemaid to Ella, an otherworldly infant. She struggles to love the child who in time becomes her stepdaughter and, eventually, the celebrated princess who embodies everyone's unattainable fantasies. The story of their relationship reveals that nothing is what it seems, that beauty is not always desirable, and that love can take on many guises. Lyrically told, emotionally evocative, and brilliantly perceptive, All the Ever Afters explores the hidden complexities that lie beneath classic tales of good and evil, all the while showing us that how we confront adversity reveals a more profound, and ultimately more important, truth than the ideal of "happily ever after."

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[Mean Mothers](#)

Jordanian immigrant Matussem Ramoud and his two daughters live in a poor, mostly white town in upstate New York, where "ethnics" are few and far between, in this story about the individual search for self and for home. A first novel. Reprint.

[The Princess and the Pea](#)

In this volume of 15 articles, contributors from a wide range of disciplines present their analyses of Disney movies and Disney music, which are mainstays of popular culture. The power of the Disney brand has heightened the need for academics to question whether Disney's films and music function as a tool of the Western elite that shapes the views of those less empowered. Given its global reach, how the Walt Disney Company handles the role of race, gender, and sexuality in social structural inequality merits serious reflection according to a number of the articles in the volume. On the other hand, other authors argue that Disney productions can help individuals cope with difficult situations or embrace progressive thinking. The different approaches to the assessment of Disney films as cultural artifacts also vary according to the theoretical perspectives guiding the interpretation of both overt and latent symbolic meaning in the movies. The authors of the 15 articles encourage readers to engage with the material, showcasing a variety of views about the good, the bad, and the best way forward.

[Stealing Cinderella](#)

Argues that there is a biological basis for depression and

[Yesterday's Monsters](#)

In the Five Hundred Kingdoms, if you can't carry out your legendary role, life is no fairy tale.... Elena Klovis was supposed to be her kingdom's Cinderella—until fate took that future away from her, and she set out to make a new life for herself. But breaking with "The Tradition" that guides the kingdoms comes with a cost—one that could leave her powerless and destitute. Until, that is, her fairy godmother intervenes and offers her a most unexpected job... to become her apprentice, and learn the ways of magic. Now, instead of sleeping in the chimney, Elena must guide others along their own fated paths. And, of course, deal with arrogant, stuffed-shirt princes who keep trying to rise above their place. But when she finds herself falling for someone completely unexpected, she begins to question where her own path will lead her—and whether she's willing to take fate into her own hands. Sometimes a fairy godmother's work is never done... Read the Tale of Five Hundred Kingdoms Series by Mercedes Lackey: Book 1: The Fairy Godmother Book 2: One Good Knight Book 3: Fortune's Fool Book 4: The Snow Queen Book 5: The Sleeping Beauty Book 6: Beauty and the Werewolf

[Why Am I Afraid to Tell You Who I Am?](#)

Stephen King's legendary debut, the bestselling smash hit that put him on the map as one of America's favorite writers "Gory and horrifying. . . . You can't put it down." —Chicago Tribune Unpopular at school and subjected to her mother's religious fanaticism at home, Carrie White does not have it easy. But while she may be picked on by her classmates, she has a gift

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she's kept secret since she was a little girl: she can move things with her mind. Doors lock. Candles fall. Her ability has been both a power and a problem. And when she finds herself the recipient of a sudden act of kindness, Carrie feels like she's finally been given a chance to be normal. She hopes that the nightmare of her classmates' vicious taunts is over . . . but an unexpected and cruel prank turns her gift into a weapon of horror so destructive that the town may never recover.

[Love Lives](#)

In this book, Colette Dowling author of The Cinderella Complex confronts the myth of women's financial stability and explores female attitudes to money, dependency and desire. Dowling strongly believes that women's dread of financial responsibility is related to their fear of ending up destitute. Under scrutiny, this fear exposes the reality that women want, more than anything, to be provided for.

[Before Midnight](#)

[The Cinderella Complex](#)

The Cinderella Elephant - Finding Purpose, Power, and Potential in Unexpected Places Do you take shortcuts? Of course, you do. We all do. If you

[The Myth of the Money Tree](#)

"You cannot win without a workplace where women and men have equal opportunities, equal input, and equal power."

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—Dominic Barton, Global Managing Partner, McKinsey & Company On almost a daily basis, we read stories in the news about high-profile male leaders, CEOs, venture capitalists, and entrepreneurs harassing and acting inappropriately toward the women with whom they work. Following such revelations, these men generally lose their jobs, and their companies lose valuable female talent, customers/clients, and their reputations. And, although we regularly hear stories about the "bro culture" that obstructs women's progress and creates hostile work environments for them, we haven't heard as much about the efforts of good men who want to change the in-office behavior of their teams and companies so that they and women they work with can realize their full potential and their businesses can thrive. This book teaches men and managers how to respond in these situations and how to lead by example. In *WE: Men, Women, and the Decisive Formula for Winning at Work*, Rania Anderson lends her guidance on this exact topic. Social mores have changed, and yet, well-intentioned managers simply don't always know what to do and what's appropriate and useful to actively recruit, retain, and advance more women into leadership. They want to be told how this can make a difference to them and how they can make a difference— this book shows you how to improve your own results and win in business: A new playbook to recruit and retain high-caliber women Take actions to work effectively, elevate and lead with women in the workplace Discover how traditional social roles exert a powerful pull on people of both genders and what to do about it. End confusion of male leaders In the #MeToo era when everyone else is focused on what's wrong and what not to do, *WE: Men, Women, and the Decisive Formula for Winning at Work*, is about what's going well and what you can do. Men who are front-line managers, middle managers, and senior managers have been sidelined and left out of efforts to achieve gender

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parity for too long. Now, these guys can get back in the game!

[When Am I Going to Be Happy](#)

[The Cinderella Moment](#)

Kelroy, a nearly-forgotten 1812 novel by Rebecca Rush, combines the refinement of the novel of manners with the Gothic novel's hidden evil to tell the story of the star-crossed lovers Emily Hammond and the romantic Kelroy, whose romance is doomed by the machinations of Emily's mother. Set in the elite world of Philadelphia's Atlantic Rim society, Kelroy transcends the genre of sentimental romance to expose the financial pressures that motivate Mrs. Hammond's gambles. As she sacrifices her daughter to maintain the appearance of urbane wealth, Mrs. Hammond emerges as one of the most compellingly detestable figures in early American literature. Appendices include materials on gender, economics, and marriage; games and dancing; and gambling and the lottery in early urban America. A group of illustrations of early-nineteenth-century Philadelphia is also included.

[Cinderella and the Duke](#)

"ONCE UPON A TIME" IS TIMELESS Etienne de Brabant is brokenhearted. His wife has died in childbirth, leaving him alone with an infant daughter he cannot bear to name. But before he abandons her for king and court, he brings a second child to be raised alongside her, a boy whose identity he does not reveal. The girl, La Cendrillon, and the boy, Raoul, pass sixteen years in the servants' care until one day a very fine lady arrives with her two daughters. The lady has married La

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Cendrillon's father, and her arrival changes their lives. When an invitation to a great ball reaches the family, La Cendrillon's new stepmother will make a decision with far-reaching effects. Her choice will lead La Cendrillon and Raoul toward their destiny -- a choice that will challenge their understanding of family, test their loyalty and courage, and, ultimately, teach them who they are.

[Chinese Cinderella](#)

“The reigning queen of historical fiction” -- Fiona Davis, New York Times bestselling author of The Lions of Fifth Avenue The New York Times and USA Today bestselling author of The Huntress and The Alice Network returns with another heart-stopping World War II story of three female code breakers at Bletchley Park and the spy they must root out after the war is over. 1940. As England prepares to fight the Nazis, three very different women answer the call to mysterious country estate Bletchley Park, where the best minds in Britain train to break German military codes. Vivacious debutante Osla is the girl who has everything—beauty, wealth, and the dashing Prince Philip of Greece sending her roses—but she burns to prove herself as more than a society girl, and puts her fluent German to use as a translator of decoded enemy secrets. Imperious self-made Mab, product of east-end London poverty, works the legendary codebreaking machines as she conceals old wounds and looks for a socially advantageous husband. Both Osla and Mab are quick to see the potential in local village spinster Beth, whose shyness conceals a brilliant facility with puzzles, and soon Beth spreads her wings as one of the Park’s few female cryptanalysts. But war, loss, and the impossible pressure of secrecy will tear the three apart. 1947. As the royal wedding of

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Princess Elizabeth and Prince Philip whips post-war Britain into a fever, three friends-turned-enemies are reunited by a mysterious encrypted letter--the key to which lies buried in the long-ago betrayal that destroyed their friendship and left one of them confined to an asylum. A mysterious traitor has emerged from the shadows of their Bletchley Park past, and now Osla, Mab, and Beth must resurrect their old alliance and crack one last code together. But each petal they remove from the rose code brings danger--and their true enemy--closer

[Mechanica](#)

*Is this new land a place where magics really happen? From Gregory Maguire, the acclaimed author of *Wicked*, comes his much-anticipated second novel, a brilliant and provocative retelling of the timeless Cinderella tale. In the lives of children, pumpkins can turn into coaches, mice and rats into human beings. When we grow up, we learn that it's far more common for human beings to turn into rats. We all have heard the story of Cinderella, the beautiful child cast out to slave among the ashes. But what of her stepsisters, the homely pair exiled into ignominy by the fame of their lovely sibling? What fate befell those untouched by beauty . . . and what curses accompanied Cinderella's exquisite looks? Extreme beauty is an affliction Set against the rich backdrop of seventeenth-century Holland, *Confessions of an Ugly Stepsister* tells the story of Iris, an unlikely heroine who finds herself swept from the lowly streets of Haarlem to a strange world of wealth, artifice, and ambition. Iris's path quickly becomes intertwined with that of Clara, the mysterious and unnaturally beautiful girl destined to become her sister. Clara was the prettiest child, but was her life the prettiest tale? While Clara retreats to the cinders of the family hearth, burning all memories of her past, Iris seeks out the*

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shadowy secrets of her new household--and the treacherous truth of her former life. God and Satan snarling at each other like dogs. Imps and fairy godmothers trying to undo each other's work. How we try to pin the world between opposite extremes! Far more than a mere fairy-tale, Confessions of an Ugly Stepsister is a novel of beauty and betrayal, illusion and understanding, reminding us that deception can be unearthed--and love unveiled--in the most unexpected of places.

[The Secret Garden](#)

The one that started it all, Coloring for Grown-Ups is the first in this famed internet duos hilarious series of coloring books that combines the mindless fun of coloring with the mind-numbing realities of modern adulting. The perfect gift for anyone looking to escape the stress of adulthood. With over 150 videos and 65 million Youtube views to their credit, Ryan Hunter and Taige Jensen know how to make people laugh. Their YouTube video, "Hipster Olympics" racked up nearly four million views, and their hit "The Walken Dead" has been viewed over 1.3 million times. In the first in a series of hilarious coloring books for adults, the duo put their prolific creative talents to work in Coloring for Grown-Ups. The artwork may resemble that of a children's activity book, but look closer. Offering an ironic look at the stereotypes, habits, and challenges of modern adulthood, Coloring for Grown-Ups is darkly humorous and fun for any occasion—the perfect stocking stuffer for reluctant adults of any age. Perfect for: • White elephant gifts • Funny gifts • Coloring gifts • Gag gifts • Christmas gifts

[All the Ever Afters](#)

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*Can women be equal to men as long as men are physically stronger? And are men, in fact, stronger? These are key questions that Colette Dowling, author of the bestselling *The Cinderella Complex*, raises in her provocative new book. The myth of female frailty, with its roots in nineteenth-century medicine and misogyny, has had a damaging effect on women's health, social status, and physical safety. It is Dowling's controversial thesis that women succumb to societal pressures to appear weak in order to seem more "feminine." *The Frailty Myth* presents new evidence that girls are weaned from the use of their bodies even before they begin school. By adolescence, their strength and aerobic powers have started to decline unless the girls are exercising vigorously--and most aren't. By sixteen, they have already lost bone density and turned themselves into prime candidates for osteoporosis. They have also been deprived of motor stimulation that is essential for brain growth. Yet as breakthroughs among elite women athletes grow more and more astounding, it begins to appear that strength and physical skill--for all women--is only a matter of learning and training. Men don't have a monopoly on physical prowess; when women and men are matched in size and level of training, the strength gap closes. In some areas, women are actually equipped to outperform men, due partly to differences in body structure, and partly to the newly discovered strengthening benefits of estrogen. Drawing on extensive research in motor development, performance assessment, sports physiology, and endocrinology, Dowling presents an astonishing picture of the new physical woman. And she creates a powerful argument that true equality isn't possible until women learn how to stand up for themselves--physically.*

[*Confessions Of An Ugly Stepsister*](#)

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This beloved Newbery Honor-winning story about a feisty heroine is sure to enchant readers new and old. At her birth, Ella of Frell receives a foolish fairy's gift—the “gift” of obedience. Ella must obey any order, whether it's to hop on one foot for a day and a half, or to chop off her own head! But strong-willed Ella does not accept her fate Against a bold backdrop of princes, ogres, giants, wicked stepsisters, and fairy godmothers, Ella goes on a quest to break the curse forever.

[Just Ella](#)

Sixteen-year-old Maggie Winters can't think of anything more exciting than junior year. There's her first prom to look forward to, she can drive, and most important Connor Prince has finally noticed her. But unfortunately so has the school snob, Katrina Melville, who goes out of her way to make Maggie's life a living hell. If that's not enough, Maggie's grandma has decided to retire, which doesn't seem like such a big deal. That is until she finds out her grandma is a Fairy Godmother, and not just any Fairy Godmother. The Fairy Godmother, as in Cinderella, pumpkins, and mice. And she has informed Maggie that she's next in line to become the new Fairy Godmother. At first Maggie is excited, the whole getting wings, flying (or rather trying not to crash), and a wand that let's her grant wishes. It's like being a superhero, without all the action, explosions, and spandex. Then she gets her first assignment, Katrina Melville, her nemesis. And if that doesn't make her want to poof herself into oblivion, she finds out that part of Katrina's happily-ever-after is Connor Prince. Life is so unfair. Even worse, she can't tell her two best friends about any of it and they're getting sick of her disappearing acts. Then there are the dangerous creatures, called Grimms who will stop at

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nothing to keep the happy endings from being fulfilled, even if it means destroying the Fairy Godmother responsible. With time running out, Maggie has to make this wish come true or it will ruin the fates of everyone involved, and open the world to darkness beyond imagination. Maggie will soon find out what it truly means to be a Fairy Godmother-and it isn't all about princes, gowns, and wings, but something much more.

[The Fairy Godmother Files: Cinderella Complex](#)

«Таинственный сад» – любимая классика для читателей всех возрастов, жемчужина творчества Фрэнсис Ходжсон Бернетт, роман о заново открытой радости жизни и магии силы. Мэри Леннокс, жестокое и испорченное дитя высшего света, потеряв родителей в Индии, возвращается в Англию, на воспитание к дяде-затворнику в его поместье. Однако дядя находится в постоянных отъездах, и Мэри начинает исследовать округу, в ходе чего делает много открытий, в том числе находит удивительный маленький сад, огороженный стеной, вход в который почему-то запрещен. Отыскав ключ и потайную дверцу, девочка попадает внутрь. Но чьи тайны хранит этот загадочный садик? И нужно ли знать то, что находится под запретом?.. Впрочем, это не единственный секрет в поместье

[Cinderella's Sisters](#)

More than 800,000 copies in print! From the author of critically acclaimed and bestselling memoir Falling Leaves, this is a poignant and moving true account of her childhood, growing up as an unloved daughter in 1940s China. A Chinese proverb says, "Falling leaves return to their roots." In her own

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courageous voice, Adeline Yen Mah returns to her roots to tell the story of her painful childhood and her ultimate triumph in the face of despair. Adeline's affluent, powerful family considers her bad luck after her mother dies giving birth to her, and life does not get any easier when her father remarries. Adeline and her siblings are subjected to the disdain of her stepmother, while her stepbrother and stepsister are spoiled with gifts and attention. Although Adeline wins prizes at school, they are not enough to compensate for what she really yearns for -- the love and understanding of her family. Like the classic Cinderella story, this powerful memoir is a moving story of resilience and hope. Includes an Author's Note, a 6-page photo insert, a historical note, and the Chinese text of the original Chinese Cinderella. A PW BEST BOOK OF THE YEAR AN ALA-YALSA BEST BOOK FOR YOUNG ADULTS "One of the most inspiring books I have ever read."
—The Guardian

[Cinder](#)

Drawn from research and the real-life experiences of adult daughters, Mean Mothers illuminates one of the last cultural taboos: what happens when a woman does not or cannot love her own daughter. Peg Streep, co-author of the highly acclaimed Girl in the Mirror, has subtitled this important, eye-opening exploration of the darker side of maternal behavior, "Overcoming the Legacy of Hurt." There are no psychopathic child abusers in Mean Mothers. Instead, this essential volume focuses on the more subtle forms of psychological damage inflicted by mothers on their unappreciated daughters—and offers help and support to those women who were forced to suffer a parent's cruelty and neglect.

[Honoring the Self](#)

"Wholly original and captivating." - Brigid Kemmerer, New York Times bestselling author of A Curse So Dark and Lonely
Girls team up to overthrow the kingdom in this unique and powerful retelling of Cinderella from a stunning new voice that's perfect for fans of A Curse So Dark and Lonely. It's 200 years after Cinderella found her prince, but the fairy tale is over. Teen girls are now required to appear at the Annual Ball, where the men of the kingdom select wives based on a girl's display of finery. If a suitable match is not found, the girls not chosen are never heard from again. Sixteen-year-old Sophia would much rather marry Erin, her childhood best friend, than parade in front of suitors. At the ball, Sophia makes the desperate decision to flee, and finds herself hiding in Cinderella's mausoleum. There, she meets Constance, the last known descendant of Cinderella and her step sisters. Together they vow to bring down the king once and for all--and in the process, they learn that there's more to Cinderella's story than they ever knew . . . This fresh take on a classic story will make readers question the tales they've been told, and root for girls to break down the constructs of the world around them.

[Ella Enchanted](#)

In 1969, the world was shocked by a series of murders committed by Charles Manson and his "family" of followers. Although the defendants were sentenced to death in 1971, their sentences were commuted to life with parole in 1972; since 1978, they have been regularly attending parole hearings. Today all of the living defendants remain behind bars. Relying on nearly fifty years of parole hearing transcripts,

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as well as interviews and archival materials, Hadar Aviram invites readers into the opaque world of the California parole process—a realm of almost unfettered administrative discretion, prison programming inadequacies, high-pitched emotions, and political pressures. *Yesterday's Monsters* offers a fresh longitudinal perspective on extreme punishment.

[The Rose Code](#)

Every royal has their dirty little secret. His was me. It should have been simple. Go to the ball, meet the prince, and secure his patronage for my favorite charity. But beneath the mask, the brooding beast of a man was not at all who I expected. He was dark and intense and eerily quiet. When I left, I could still feel the ghost of his touch branded into my skin. He haunted my dreams, but I never expected to see him again. Then he came for me. And he took me. And I learned that his darkness was a void I never could have conceived. He's the crown prince. And, now, I'm his captive. This is a full length standalone with dark themes.

[The Frailty Myth](#)

Self-concept is destiny What is the most important judgement you will ever make? The judgement you pass on yourself. Self-esteem is the key to success or failure. "Tell me how a person judges his or her self-esteem," says pioneering psychologist Nathaniel Branden, "and I will tell you how that person operates at work, in love, in sex, in parenting, in every important aspect of existence—and how high he or she is likely to rise. The reputation you have with yourself—your self-esteem—is the single most important factor for a fulfilling life."

- How to grow in self-confidence and self-respect.
- How to

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nurture self-esteem in children. • How to break free of guilt and fear of others' disapproval. • How to honor the self—the ethics of rational self-interest.

[Why Do I Think I Am Nothing Without a Man?](#)

Falling for a duke in disguise! Never welcomed into society circles, Rosalind Allen gave up her marriage prospects long ago—life has taught her she'll only get hurt. So she's shocked when an encounter with a mysterious stranger makes her long to reconsider... Little does Rosalind know that her mystery man is Leo Beauchamp, Duke of Cheriton, traveling in disguise to evade the ladies of the ton! Impoverished Rosalind is the first woman to captivate Leo—but can he persuade this wary Cinderella to trust him with her heart?

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