

Self Management For Actors Getting Down To Show Business Bonnie Gillespie | 0aeca0846dd6c51c4cfda9a7ac3a4397

Management Practices in High-Tech Environments
The Big Book of Conflict Resolution Games: Quick, Effective Activities to Improve Communication, Trust and Collaboration
Greenlights
The Actor's Life
Casting Qs
The Real Life Actor
To the Actor
Advanced Consciousness Training for Actors
Book the Job
An Agent Tells All
The Mulligan
How to Get Arrested
Acting in Film
Reinventing Organizations
SMFA
The Monologue Audition
How To Audition On Camera: A Hollywood Insider's Guide for Actors
Self-Management for Actors
Making and Breaking the Yugoslav Working Class
Confessions of a Casting Director
Audition Psych 101
Make Your Voice Heard
The Actor's Business Plan
Self-management for Actors
The Lucid Body
The New Business of Acting
The Actor's Guide to Self-Marketing
Voice Acting For Dummies
Starting Your Career as an Actor
Cool Kid Actors
If This Gets Out
International Organizations as Self-directed Actors
Secrets of Acting Shakespeare
The Anarchist Collectives
The 48 Laws of Power
Acting for the Camera: Back to One
The Art of Acting
From Start to Stardom
Ask an Agent
The Presentation of Self in Everyday Life
Stand Out from the Competition! How do actors sell their personality? What does it take to make a lasting impression? How can actors use their image to achieve their dreams? The Actor's Guide to Self-Marketing answers all these questions and more. With a background in acting and publicity, author Carla Renata has gathered insider info and proven tips to help actors create their own brand and utilize it for success. With The Actor's Guide to Self-Marketing, you will learn how to: Highlight unique traits and skills Distinguish yourself from the crowd Market yourself through social media Angle for your dream role And so much more! Renata's methods have been tested and developed through her branding and social media program, The Branding Buddha, which has been taught online and privately, as well as in group classes at top universities in the United States. Along with tips from her program and extensive background in the field, Renata uses meditative practices and self-actualization to help actors develop their public image and reach their goals with clarity and intention. As she writes, "The mind is everything. What you think, you will become." With The Actor's Guide to Self-Marketing, you'll be well on your way to becoming the actor you really want to be and landing your dream roles. There is a sense that permeates most acting classes which promotes the idea that acting is hard and you need to do a bunch of traditional steps if you're ever going to get anywhere. The flame of this concept is kept lit for two reasons. One is tradition. Successful actors and teachers in our theatrical history supposedly believed in or espoused such ideas and two; it is easier for teachers and actors to follow a path that is well worn. Actors feel intimidated to challenge the ideas and teachings of past masters. But isn't that exactly how every field of endeavor evolves? Think of where we'd be in science or medicine or sports if no one questioned past methods or tried to discover new ones. This book will show you an approach that is direct and to the point, an approach that will be far easier to remember and utilize. We'll use real life. We call it acting only because people are watching. "If you're an actor, this book will restore your sanity." Steven Pressfield, Author: The War of Art, Turning Pro, The Legend of Bagger Vance "All the elements of preparing a monologue audition - script analysis, staging, voice, timing, gesture, movement and self-presentation skills - are thoroughly explored here. The goal of the book, as Ms. Kohlhaas states in her Introduction, is not only to help you prepare for auditions, but to make working on monologues a regular and enjoyable part of your acting life. As you follow the author along the path she charts, you are not only learning to rehearse monologues effectively, you are learning to turn auditions into exciting ways to grow and challenge yourself as an actor." --BOOK JACKET. Actors can gain an edge by understanding the process of casting. The gatekeepers to the Industry, casting directors size-up an actor's fit to a role, filtering thousands of potentials down to those who get the audition. So how can actors beat the system? #1 NEW YORK TIMES BESTSELLER • Discover the life-changing memoir that has inspired millions of readers through the Academy Award®-winning actor's unflinching honesty, unconventional wisdom, and lessons learned the hard way about living with greater satisfaction. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE GUARDIAN "McConaughey's book invites us to grapple with the lessons of his life as he did—and to see that the point was never to win, but to understand." —Mark Manson, author of The Subtle Art of Not Giving a F*ck I've been in this life for fifty years, been trying to work out its riddle for forty-two, and been keeping diaries of clues to that riddle for the last thirty-five. Notes about successes and failures, joys and sorrows, things that made me marvel, and things that made me laugh out loud. How to be fair. How to have less stress. How to have fun. How to hurt people less. How to get hurt less. How to be a good man. How to have meaning in life. How to be more me. Recently, I worked up the courage to sit down with those diaries. I found stories I experienced, lessons I learned and forgot, poems, prayers, prescriptions, beliefs about what matters, some great photographs, and a whole bunch of bumper stickers. I found a reliable theme, an approach to living that gave me more satisfaction, at the time, and still: If you know how, and when, to deal with life's challenges—how to get relative with the inevitable—you can enjoy a state of success I call "catching greenlights." So I took a one-way ticket to the desert and wrote this book: an album, a record, a story of my life so far. This is fifty years of my sights and seens, felts and figured-outs, cools and shamefuls. Graces, truths, and beauties of brutality. Getting away withs, getting caughts, and getting wets while trying to dance between the raindrops. Hopefully, it's medicine that tastes good, a couple of aspirin instead of the infirmary, a spaceship to Mars without needing your pilot's license, going to church without having to be born again, and laughing through the tears. It's a love letter. To life. It's also a guide to catching more greenlights—and to realizing that the yellows and reds eventually turn green too. Good luck. Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control—from the author of The Laws of Human Nature. In the book that People magazine proclaimed "beguiling" and "fascinating," Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence ("Law 1: Never Outshine the Master"), others teach the value of confidence ("Law 28: Enter Action with Boldness"), and many recommend absolute self-preservation ("Law 15: Crush Your Enemy Totally"). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, The 48 Laws of Power is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game. Author Bonnie Gillespie has done it again! Her wildly popular "Self-Management for Actors: Getting Down to (Show) Business" has spawned a series of classes, a podcast, an online course, an app, and a worldwide tour. Actors all over the planet are learning how to control what few things they do control in pursuit of a creative career. Using the SMFA principles, this pocket guide encourages actors to embrace their power as storytellers, to "lurk then lead," to strengthen the Web of Trust, and to remember the love in this pursuit. So many actors block their own success by focusing on other actors' journeys, by dwelling on rejection, by not celebrating what they can do--daily--to rejoice that their creative path is filled with the opportunity to change the world. Look, we're not curing cancer in show business, but maybe we're bringing relief to

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someone as they're going through chemo, through the stories we help tell. "SMFA: The Ninja Within" is filled with short reminders about the mental game you're facing. Flip to a page, get a quick shot of badassery, and then get to work! This exciting new text illustrates and advances the argument that International Organizations (IOs) need to be taken seriously as actors in world affairs. Bringing together an international line-up of distinguished contributors, the text examines recent theories that suggest how IOs are able to set their own policies and implement them in meaningful ways. The chapters review these theoretical positions and then present a series of case studies which focus on how these theories play out when IOs are charged with solving global problems: including development, peacekeeping and environmental policy coordination. Examining and analysing both positive and negative examples of this independence, this text is a valuable resource on the topic of the internal workings of IOs, providing the richest and most focused textbook so far dealing with the capacity of IOs for independent action in international politics. It is essential reading for all students of international organizations. A How-To for Actors as no book has been before, Here is indispensable information for actors told through a charming story rather than in the usual textbook style. This is the tale of two young actors as they embark on the same journey as thousands of hopefuls each year. Dick and Jane move to Hollywood to become working actors -- maybe even "stars." They arrive in Hollywood not knowing anyone in power - does this mean they are sunk before they even get started? They aren't gorgeous -- will they be rejected? What are the right choices? One makes fame-based, out-sized choices, auditioning only for producers and directors. The other makes reasoned choices, creating a game plan for success and being content with each modest step forward. One does it the right way and the other the wrong way. Which one succeeds? With great affection for actors and deep insight into the hurdles they face, the author gives accessible answers to all the questions actors ask. "Myths Demystified!" A special bonus section shatters misconceptions about the path to success. Confessions of a Casting Director is a must-have for any aspiring actor or stage parent—the definitive guide to breaking into film, television, theater, and even YouTube from longtime casting director and studio executive Jen Rudin. Packed with information that aspiring actors want, her up-to-the-minute expert advice is essential for anyone pursuing an acting career. Jen Rudin demystifies the often intimidating and constantly changing audition process, sharing insider tips on preparing for every type of audition: musical theater, television (including commercials and reality TV), and film to voiceovers, animated movies, and even web series. In this comprehensive guide, Rudin covers everything today's actor needs to succeed, including finding an agent or manager; using technology to your advantage; the demanding world of child acting; the pros and cons of New York vs. LA; turning a callback into an offer for the role, and much more. Every actor should walk into an audition room feeling confident and prepared, and this book is full of the Dos and Don'ts, sure-fire tricks, and must-have information to help turn rejection into that first big break. Complete with checklists, easy-to-follow game plans, and advice from real actors, agents, and entertainment industry professionals, Confessions of a Casting Director is like having your own private audition coach. This practical and entertaining guide readies the uninitiated actor to navigate the ridiculous, impossible, and often heartbreaking world of the acting industry. This book will expose actors to the ins and outs of the world's (second) oldest profession. Topics include how to be "discovered," what to expect from training programs, the grunt work of starting a career, how to persevere in the face of rejection, the new digital world for actors, and much more. Experienced actor and screenwriter Jason Pugatch offers a fresh, hip, and invaluable industry perspective, with sidebar quotations, charts, and timelines, and a quick-reference appendix of the acting trade. Packed with myth-shattering anecdotes and told in a personal tone, Starting Your Career as an Actor is the backstage guide that every aspiring actor must read. This book is no bull, straight from the mouth of a blunt talent agent, currently hustling for over 500 clients and closing deals daily. His words are legit instructions on how to be a working actor in film and TV. Organized into three sections: Getting an Agent, Working with Your Agent, and Thriving with Your Agent, this Q&A format addresses actor questions at all stages of a career. After nearly a decade of sitting on panels and acknowledging that the majority of raised hands are never called upon, Jason Lockhart decided to answer them ALL, right here, right now, in an energetic, honest, and organized place. Getting inside the mind of an agent is crucial, as they are generally the first gatekeeper to an actor's success. Consider this book your secret weapon to breaking in or leveling up. Workers' self-management was one of the unique features of communist Yugoslavia. Goran Musi? has investigated the changing ways in which blue-collar workers perceived the recurring crises of the regime. Two self-managed metal enterprises, one in Serbia another in Slovenia, provide the frame of the analysis in the time span between 1945 and 1989. These two factories became famous for strikes in 1988 that evoked echoes in popular discourses in former Yugoslavia. Drawing on interviews, factory publications and other media, local archives, and secondary literature, Musi? analyzes the two cases, going beyond the clichés of political manipulation from the top and workers' intrinsic attraction to nationalism. The author explains how, in the later phase of communist Yugoslavia, growing social inequalities among the workers and undemocratic practices inside the self-managed enterprises facilitated the spread of a nationalist and pro-market ideology on the shop floors. Restoring the voice of the working class in history, Musi? presents Yugoslavia's workers actors in their own right, rather than as a mass easily manipulated by nationalist or populist politicians. The book thus seeks to open a debate on the social processes leading up to the dissolution of Yugoslavia. (Applause Books). A master actor who's appeared in an enormous number of films, starring with everyone from Nicholson to Kermit the Frog, Michael Caine is uniquely qualified to provide his view of making movies. This revised and expanded edition features great photos, with chapters on: Preparation, In Front of the Camera Before You Shoot, The Take, Characters, Directors, On Being a Star, and much more. "Remarkable material A treasure I'm not going to be looking at performances quite the same way FASCINATING!" Gene Siskel An analyses on the radical collectives organized in Spain. "The eyewitness reports and commentary presented in this highly important study reveal a different understanding of the nature of socialism and the means for achieving it." --Noam Chomsky A working Hollywood talent agent gives honest and humorous advice to aspiring actors. A notable contribution to our understanding of ourselves. This book explores the realm of human behavior in social situations and the way that we appear to others. Dr. Goffman uses the metaphor of theatrical performance as a framework. Each person in everyday social intercourse presents himself and his activity to others, attempts to guide and control the impressions they form of him, and employs certain techniques in order to sustain his performance, just as an actor presents a character to an audience. The discussions of these social techniques offered here are based upon detailed research and observation of social customs in many regions. The Mulligan Participant's Guide is designed for use with The Mulligan six-session DVD group study. Golf pro Wally Armstrong and author Ken Blanchard walk you through time-tested steps for improving your golf game and your life. Told through the eyes of Paul McAllister, the Ivy League--educated founder of a multimillion dollar business, this inspiring story about relationships, forgiveness, and priorities is the shot of grace Christians have been looking for. Golf's gracious do-over, a mulligan is the beginning of Paul's own second chance. Guided by the wisdom and advice of an old pro, Paul learns about priorities, self-confidence, and playing a good game both on and off the course. For anyone who ever wanted a second chance, in the grip of golf pro Wally Armstrong and Ken Blanchard, author of the bestselling The One Minute Manager, The Mulligan becomes a life-changing principle. Acting for the Camera: Back to One is a "how to" book with practical steps to achieve a professional performance on camera. The book focuses on four distinct areas: how to prepare the character, how to execute the

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technical responsibilities that will assist the editor in creating the on-camera performance in post-production, tips from industry professionals, and how to create effective self-tape auditions. *Part One: The Character's World* is packed with tools to analyze the script and fully prepare the character before arriving on set. *Part Two: The Actor's World* focuses on developing technical acting skills for the camera that assist the pre- and post-production teams to create a dynamic on-screen performance. In *Part Three: The Professional World*, industry professionals provide tips from inside the film/TV audition room and how to navigate a career in the acting business. The final section, *Part Four: Self-Tape Like a Pro*, outlines how to build a self-tape studio in the privacy of your own home and submit high-quality self-tape auditions that will help you stand out from the competition. Written for students enrolled in *Acting for the Camera* courses, *Acting for the Camera: Back to One* explores techniques that can be practiced and mastered by actors of all levels, from the moment they audition for the part through to when they hear that director call "cut!" Make workplace conflict resolution a game that EVERYBODY wins! Recent studies show that typical managers devote more than a quarter of their time to resolving coworker disputes. The *Big Book of Conflict-Resolution Games* offers a wealth of activities and exercises for groups of any size that let you manage your business (instead of managing personalities). Part of the acclaimed, bestselling *Big Books* series, this guide offers step-by-step directions and customizable tools that empower you to heal rifts arising from ineffective communication, cultural/personality clashes, and other specific problem areas—before they affect your organization's bottom line. Let *The Big Book of Conflict-Resolution Games* help you to: Build trust Foster morale Improve processes Overcome diversity issues And more Dozens of physical and verbal activities help create a safe environment for teams to explore several common forms of conflict—and their resolution. Inexpensive, easy-to-implement, and proved effective at Fortune 500 corporations and mom-and-pop businesses alike, the exercises in *The Big Book of Conflict-Resolution Games* delivers everything you need to make your workplace more efficient, effective, and engaged. Looks at what it takes to be successful in the voice acting business, discussing how to audition, create a demo, promote work, delve into a script, use audio recording software, and build a home recording studio. Jenna Fischer's Hollywood journey began at the age of 22 when she moved to Los Angeles from her hometown of St. Louis. With a theater degree in hand, she was determined, she was confident, she was ready to work hard. So, what could go wrong? Uh, basically everything. The path to being a professional actor was so much more vast and competitive than she'd imagined. It would be eight long years before she landed her iconic role on *The Office*, nearly a decade of frustration, struggle, rejection and doubt. If only she'd had a handbook for the aspiring actor. Or, better yet, someone to show her the way—an established actor who could educate her about the business, manage her expectations, and reassure her in those moments of despair. Jenna wants to be that person for you. With amusing candor and wit, Fischer spells out the nuts and bolts of getting established in the profession, based on her own memorable and hilarious experiences. She tells you how to get the right headshot, what to look for in representation, and the importance of joining forces with other like-minded artists and creating your own work—invaluable advice personally acquired from her many years of struggle. She provides helpful hints on how to be gutsy and take risks, the tricks to good auditioning and callbacks, and how not to fall for certain scams (auditions in a guy's apartment are probably not legit—or at least not for the kind of part you're looking for!). Her inspiring, helpful guidance feels like a trusted friend who's made the journey, and has now returned to walk beside you, pointing out the pitfalls as you blaze your own path towards the life of a professional actor. Tools to master everything from "getting in the door without any connections", "crying on cue", "making the most of your close-up", "nailing sitcoms even if you don't think you're funny", to "what makes someone a star." No other book for actors focuses so succinctly on the business of self-management. Whether an actor has an agent or manager on his or her team or is going it alone, this valuable book is a roadmap for surviving—and thriving—in the entertainment industry. Sophie Gonzales and Cale Dietrich's "If This Gets Out is an absolute showstopper! Equal parts edgy and adorable, this bright, joyful book has everything I look for in a queer YA romance." —Phil Stamper, bestselling author of *The Gravity of Us* Eighteen-year-olds Ruben Montez and Zach Knight are two members of the boy-band Saturday, one of the biggest acts in America. Along with their bandmates, Angel Phan and Jon Braxton, the four are teen heartthrobs in front of the cameras and best friends backstage. But privately, the pressure to stay in the closet has Ruben confiding in Zach. On a whirlwind tour through Europe with an unrelenting schedule and minimal supervision, the two come to rely on each other more and more, and their already close friendship evolves into a romance. But when they decide they're ready to tell their fans and live freely, Zach and Ruben realize they will never truly have the support they need. How can they hold tight to each other when their whole world is coming apart? Every time humanity has shifted to a new stage of consciousness in the past, it has invented a new way to structure and run organizations, each time bringing breakthroughs in collaboration. The organizations researched for this book have already "cracked the code." Their founders have fundamentally questioned every aspect of management and have come up with entirely new organizational methods. This book describes in practical detail how organizations large and small can operate in this new paradigm. Kids who dream of seeing their name in bright lights will devour this title! Cool kid actors show them how it's done. Back matter includes tips for readers to get started acting. Based on the popular workshop of the same name, *Audition Psych 101* takes a detailed, unvarnished look at the mental gremlins that can make auditioning stressful. With frankness, humor, and a pro-actor sensibility, professional working actor Michael Kostroff (*The Wire*, *The Deuce*, *Luke Cage*, *The Blacklist*, *Law & Order: SVU*, etc.) explodes commonly accepted mythologies and offers a fresh, more logical, and more effective approach to the whole process. Speaking directly to other professional actors, Kostroff pulls each step into slow motion, shining a light into the dark corners in search of those little snags that can screw us up. "It has completely changed the way I view auditions." —Chad Manuel, Chicago "Want to learn why we constantly get in our own way before we even set foot in the room? Michael has made a detailed, brilliant study of the most common traps, and how to avoid them." —Peter Van Norden, Los Angeles "Michael's expertise, sense of humor, and just old-fashioned good sense does the impossible: It actually makes the actor comfortable with the audition process." —J. R. Orlando, San Jose "I'm a psychotherapist who specializes in working with creative artists. Among many other issues, we always talk about their audition anxiety. In *Audition Psych 101*, Michael Kostroff has validated everything I believe about the audition process. Let him save you a lot of disappointment and frustration." —Lee D. Kassan, psychotherapist/psychoanalyst "It brought the joy and fun back into the audition process, which ultimately has allowed for more callbacks and many more bookings." —Mick Guire, New York City "I can't wait for my next audition. (Holy mackerel, did I just write that?)" —Deborah Linehan, New York City • Focuses on the relationship between voice training and acting • Simple, easy-to-follow exercises to strengthen the voice in just 10 minutes per day • Revised and expanded edition includes new techniques • Replaces ISBN 0-8230-8333-0 Chuck Jones, the leading expert on using the voice to convey character, explains his groundbreaking techniques clearly and concisely in this revised edition of a classic. First, Jones examines acting basics related to the voice: being heard, character choices, and power. Then he introduces daily exercises that release, stretch, and strengthen the voice, in order to increase the actor's expressive range. For any actor who wants to grow and develop, *Make Your Voice Heard* offers powerful, practical tools for connecting the voice to emotions—and using the vocal instrument to create new levels of meaning. *Secrets of Acting Shakespeare* isn't a book that gently instructs. It's a passionate, yes-you-can designed to prove that anybody can act Shakespeare. By explaining

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how Elizabethan actors had only their own lines and not entire playscripts, Patrick Tucker shows how much these plays work by ear. *Secrets of Acting Shakespeare* is a book for actors trained and amateur, as well as for anyone curious about how the Elizabethan theater worked. "Best book EVER! Lisa really gives us the inside track on how to make it as an actor! There's so much to learn when getting started in Hollywood and this book is smart, concise and very insightful! A TRUE must-have for every parent and actor!" Tish Cyrus (Miley's Mom) Lisa London has been discovering new talent for over 20 years in her role as a top Hollywood Casting Director. Her experience with Hollywood began earlier during her childhood years when she accompanied her famous father, Television Director Jerry London, to the sets. Even then, she had an eye for talent as she watched well-known actors work. Lisa discovered and/or cast early in their careers, such notable actors as, Miley Cyrus, Jennifer Aniston, Jonah Hill, Emma Stone, Giovanni Ribisi, Victoria Justice, Selena Gomez, Megan Hilty, Ryan Phillippe, Mark Ruffalo Mariska Hargitay and many others. In this book, she will take you on a step by step journey, laying out what you need to know to have the best shot at stardom. Never before have so many details and insider secrets been revealed in such a way that is easy to understand and apply. The key to your success as a professional actor may be just be a chapter away. - How do you get started as an actor? - How to make the most of your headshots and resume? - When and how do you get an agent or manager? - Charisma over credits, which is more important? - Steps on how to audition. - How to find resources regardless of where you live. - What does a casting director look for? - Why do some actors get call backs and most do not? - Plus interviews with working Hollywood professionals and more... "What a great book - Lisa tells it like it is. I followed much of her advice and ended up making my dream come true of being on a Disney Channel series." Adam Irigoyen (Shake It Up) "As both an Actor and Executive Producer, I think Lisa's book is fantastic! She really explains the process of casting so an actor can understand what they need to do. As a former 3-Time NBA World Champion, I know a winner when I see one. 'From Start to Stardom' is your key to a successful career." Rick Fox, Actor and Executive Producer Today as never before thanks to computers, the internet and digital video, anyone in North America and even the world can audition for TV or film roles. This book will give you the basic, professional level information necessary to be taken seriously by the Casting Directors, Agents and Managers that are the gatekeepers of the entertainment industry. "Lisa London is a phenomenal resource for any actor, both new and seasoned, and her book is a wonderful tool and must-have for those wanting to know what's what in the entertainment industry." Sarah Shyn, Manager, 3 Arts Entertainment "Lisa's book 'From Start to Stardom' is an invaluable and amazing tool for actors of any age. I have known Lisa London for 20 years and she is a true gift to the entertainment business. Lisa is a wealth of information and she is one of the few people in Hollywood that cares." Cindy Osbrink, Owner/Agent - The Osbrink Agency "I wish this book was available when I graduated from college and started auditioning. It's so great to hear this advice from a casting director's perspective. And Lisa is the best! I should know - she gave me my first TV job and we've been friends ever since!" Megan Hilty (Sean Saves The World, Wicked) Advanced Consciousness Training for Actors: Meditation Techniques for the Performing Artist explores theories and techniques for deepening the individual actor's capacity to concentrate and focus attention. Going well beyond the common exercises found in actor training programs, these practices utilize consciousness expanding "technologies" derived from both Eastern and Western traditions of meditation and mindfulness training as well as more recent discoveries from the fields of psychology and neuroscience. This book reviews the scientific literature of consciousness studies and mindfulness research to discover techniques for focusing attention, expanding self-awareness, and increasing levels of mental concentration; all foundational skills of the performing artist in any medium. First Time in Print Updated and expanded To win a role in a movie or on network or cable TV, you must make a strong first impression in your brief, crucial audition—and the first person you have to impress is the casting director. In *How to Audition On Camera*, Casting Director Sharon Bialy answers the twenty-five questions actors ask most frequently about how to nail an audition. What is the casting director looking for? If you mess up, can you start over? What is the most common mistake experienced actors make? Should you audition off book or can you look at the page? Should you dress in character? How much can you improvise? Actors—both novice and professional—are often misled by myths and outdated prescriptions. This guide replaces such misinformation with concise and accurate advice from someone who is in the room helping to make the decision on who gets the job. Bialy gets readers started immediately on the road to screen acting success. *The Actor's Business Plan* is a self-directed practical guide for actors graduating from formal training programs, as well as for those already in the business whose careers need to move ahead more successfully. Using the familiar language of acting training, the book offers a method for the achievement of dreams through a five-year life and career plan giving positive steps to develop a happy life as an actor and as a person. It assists performers to flourish using the same kind of business/career planning that is a necessary part of life for entrepreneurs and business people. This introduction to the acting industry provides essential knowledge not only for how the business actually works, but also describes what casting directors, agents, and managers do, demystifies the role of unions, discusses how much things cost, and offers advice on branding and marketing strategies. It differs from other such handbooks in that it addresses the everyday issues of life, money, and jobs that so frequently destroy an actor's career before it is even begun. While addressing NYC and LA, the guide also gives a regional breakdown for those actors who may wish to begin careers or to settle in other cities. It is loaded with personal stories, and interviews with actors, casting directors, and agents from throughout the US. *The Actor's Business Plan* is the answer to the common complaint by students that they were not taught how to negotiate the show business world while at school. It is the perfect antidote for this problem and can easily fit into a ten or a thirteen-week class syllabus. Offering support as a personal career coach, empowering the actor to take concrete steps towards their life and career dreams, *The Actor's Business Plan: A Career Guide for the Acting Life* is a must-have book for actors who are determined to be a part of the professional world. In *To the Actor* Michael Chekhov has recorded brilliantly the results of his many years of experimenting, testing and verifying in the professional theater and schools of the theater. He brings to actors far greater insight into themselves and the characters they are to portray, which enables them to approach any role with new ease and skill. "To the Actor is by far the best book that I have read on the subject of acting. Actors, directors, writers and critics will be grateful for it. It should prove enlightening to theatergoers who wish to deepen their appreciation for fine acting and thus help to invigorate the theatrical art."—Gregory Peck "I think without a doubt every creative person in the theater will want to have it as a constant reference book, outside of its being, in my opinion, absorbing and entertaining reading."—Yul Brynner (from the Preface) "One of the most remarkable and practical books on the technique of acting I have ever read. Enthusiastically recommended to all theatre collections of whatever size."—Library Journal The best actor never gets the role. But the right actor always gets hired and if you want to be the right actor, you need to create a well-paved pathway through the traffic jam that can slow you down, divert your attention and create stress behind the wheel of the career you're committed to driving forward. It's your journey and it's time for a career tune up, even if you're just starting out In this revised and expanded Next Edition to his popular book for actors, talent manager, educator and author Brad Lemack tackles the tough challenges actors face in seeking, building and maintaining rewarding careers in the new landscape. From the role of personal ethics and integrity to landing the role of a lifetime, Lemack teaches readers how to navigate through and thrive in a continually changing landscape in an industry challenged to redefine itself and how it

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does business. Whether you're new to the business or in need of a professional career rebranding, The New Business of Acting: The Next Edition will empower you with a critical perspective on how to create, map out and embark on a life-long journey that will earn you the career-building opportunities you seek. "This book leads to emergence of new, insufficiently analyzed and described organizational phenomena. Thoroughly studying this from international comparative cross-cultural perspective, Management Practices in High-Tech Environments presents cutting-edge research on management practices in American, European, Asian and Middle-Eastern high-tech companies, with particular focus on fieldwork-driven, but reflective, contributions"--Provided by publisher. "From Fay's methodology, I learned to use my intuition and lived experiences in myriad new ways." —Winston Duke, actor, Black Panther, Avengers, Us, and Nine Days Engaging Mind and Body to Develop the Complete Physical Nature of Characters Actors are shape-shifters, requiring the tools to wade into unfamiliar waters and back out again. The Lucid Body offers a holistic, somatic approach to embodying character from the inside-out and, for the non-actor, offers a way to give hidden parts of the self their full expression. By identifying stagnant movement patterns, this process expands one's emotional and physical range and enables the creation of characters from all walks of life—however cruel, desolate, or jolly. Rooted in the exploration of the seven chakra energy centers, The Lucid Body reveals how each body holds the possibility of every human condition. Readers will learn how to: Practice a non-judgmental approach to the journey of self-awareness Break up stagnant and restrictive patterns of thought and movement Allow an audible exhale to be the key to unlocking the breath Develop a mindset to "hear" one's inner body Analyze the human condition through the psycho-physical lens of the chakras Experience the safety of coming back to a neutral body Acquire a sense of clarity and calm in one's everyday life A step-by-step program guides the actor through the phases of self-awareness that expand emotional and physical range not only on stage, but also in daily life. This new edition includes a more diversified range of playwrights, non-binary language, and new chapters on stage intimacy protocol and physical listening. Exercises that have been honed for the past ten years have been made more concise. New somatic and neuro-scientific data has been added, with additional wisdom and insights from colleagues and Simpson's team of Lucid Body teachers. This book will help you take control of the business side of your creative career. By learning how to build your brand, target your buyers, create content that showcases you best, and pitch like the rockstar you are, you'll build a fulfilling career (wherever you live) that helps rocket you to the next tier.

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