

## **Healing With Crystals For Kids | 579f88322172194122ede3d169c4fbbc**

*Crystal Healing Coloring Book*  
*Crystals The Little Guide Book of Crystals for Children*  
*Crystals For Beginners*  
*Connecting with Crystals*  
*Crystal Reiki Healing*  
*The Book of Pendulum Healing*  
*The Beginner's Guide to Crystals*  
*The Little Book of Crystals*  
*"Hi. I'm Crystal."*  
*The Crystal Children*  
*Crystal Muse*  
*My Book of Rocks and Minerals*  
*The Metaphysical Book of Gems and Crystals*  
*Healing Crystals*  
*Crystals R For Kids*  
*Using Gemstones to Connect with Your Superpowers*  
*RAINBOW CRYSTALS for Children*  
*Crystal Power, Crystal Healing*  
*The Essential Guide to Crystals*  
*Healing Crystals*  
*Crystals for Healing*  
*Mind Body Baby: Crystals*  
*Crystals for Beginners*  
*All About Crystals (A True Book: Digging in Geology)*  
*The Book of Chakra Healing*  
*The Power of Crystal Healing*  
*My Crystal Record Book*  
*Crystals for Beginners*  
*Crystals for Mom*  
*Healing Crystals and Stones*  
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*Healing with Crystals for Kids!*  
*Crystals for Kids*  
*The Crystal Fix*  
*Cassandra Eason's Illustrated Directory of Healing Crystals*  
*Crystal Healing for Women*  
*Healing Stones for the Vital Organs*  
*Crystal Healing*  
*My Crystal Guide*

### **Crystal Healing Coloring Book**

*Introduce your child to the wonderful world of crystals and their powerful energies to help, heal and transform with this fully illustrated simple-to-use guide. Children are innately drawn to the energy of crystals – and crystal energies can help make things better for them at school, at home and at play. My Crystal Guide explores crystals from a child's view – what crystals and minerals are and how to choose and work with the crystals you need – as well as introducing an understanding of crystal energies and crystal healing. Fun exercises to try are included throughout, along with simple meditations. The Children's Crystal Finder includes 101 commonly available crystals and minerals with clear photographs and each crystal's healing qualities relevant to children, while the Crystal Solutions chapter suggests how to help with all types of problems that children may encounter, from illness and loss to bullying and exams. Created with children in mind, My Crystal Guide includes guidance and practical exercises for parents and carers, but is written for children to follow and understand.*

### **Crystals**

# Where To Download Healing With Crystals For Kids

*Crystals have long been used for holistic healing purposes. Every crystal emits vibrations, which can help to bring balance, calm and positivity into your life. Learn how to select and maintain your crystals as well as basic techniques for crystal meditation, balancing chakras and simple ways to bring harmony to mind, body and spirit with these natural treasures. Discover over 50 crystals, their unique properties and how to make use of their power in everyday life, from the love- and harmony-infused rose quartz to memory-boosting amber. There is a crystal for every occasion.*

## **The Little Guide Book of Crystals for Children**

*Ready to create positive change in your life? Discover the power of crystals to heal mind, body, and spirit. Whether you're working through grief or holding onto grudges, seeking love or increasing gratitude, *Crystals for Healing* offers the basics for beginners to explore the deep connection between mind, body, and spirit. Learn the fundamentals to clear emotional blockages, stimulate creativity, and elevate your mood through the vibrational power of healing crystals. Discover a more fulfilling life through the power of crystal healing as explained by ordained metaphysical minister, intuitive energy healer, and Usui Reiki practitioner Karen Frazier.*

## **Crystals For Beginners**

*Combines healing crystal therapy with the “organ clock” circadian rhythm of each organ system, based on traditional Chinese medicine • Examines 12 organ systems and the gemstones best suited for addressing their health • Provides the key to understanding the organ clock’s function and its ability to enhance both diagnosis and treatment One of the chief tools in the traditional Chinese doctor’s toolbox is an understanding of the circadian rhythms that govern all the organ systems of the body. In addition to facilitating early and accurate diagnosis, this “organ clock” lets the practitioner apply therapies to the organ’s meridians when they are at their peak functioning point, thereby eliciting the greatest benefit. In this book authors Michael Gienger and Wolfgang Maier have created a simple, yet highly effective self-care treatment system for addressing common health ailments using gemstones and the organ clock. They detail the healing benefits of 83 crystals, indicating the physical as well as emotional, psychic, and spiritual aspects they support in each of 12 major organ systems. For example, the stomach not only receives nourishment for the body, it also fosters the ability to engage in new things in life. Agate and calcite assist this*

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*function by giving confidence for new experiences, while aiding in digestion (and processing hard to digest thoughts). Treatments for the stomach should be done between 7:00 and 9:00 a.m., the time we typically take in new nourishment after a night of sleep, to receive maximum results. With each body system in turn, the authors explain how to select the stones best suited to address your current health concerns, the times of day they should be used, and how long treatment should last in order to restore optimum health and prevent the onset of future illness.*

## **Connecting with Crystals**

*Using Gemstones to Connect with Your Superpowers is an easy-to-read, beautifully illustrated guide with 8 gemstones (also known as crystals) and affirmations & meditations, to help you get in touch with the superpowers already inside you!*

## **Crystal Reiki Healing**

*Details the powerful effects of gems as an alternative therapy for physical, psychological, and spiritual healing • Reveals the physical, healing, and astrological properties of over 70 minerals, along with instructions for maintaining and recharging their powers • Examines the “life” energy of stones, their basic vibratory patterns, and how this energy is used therapeutically to treat various disorders • Shows how to use gems in color therapy and to harmonize the chakras Gemstones have been used for both therapeutic and spiritual purposes since the beginning of time and in all traditions. Used properly, they can contribute to and accelerate healing through the practice of lithotherapy, which uses gems and minerals to restore enzymatic functions, and they can energize spiritual development. Alternative medicines such as homeopathy have given prominence to the therapeutic character of certain minerals, but the use of gemstones in expanding awareness or establishing a holistic, energetic connection with the stone itself have scarcely been brought forward. In this reclaiming of ancient wisdom, Florence Mégemont explores the many potent and beneficial dimensions of the mineral world. Over 70 precious and semiprecious stones are inventoried as to their principal deposits, therapeutic applications, and zodiac correspondences. Readers will discover which physical and emotional disorders can be relieved by using which minerals and--with the application of chakra therapy--which gemstones are indispensable to their spiritual health. While not proposing that lithotherapy is a substitute for traditional allopathic treatment, Mégemont shows that it can be a powerful complement to it.*

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***Additionally, stones can act preventively, energizing both our health and spiritual resources to a state of balance and attunement.***

## ***The Book of Pendulum Healing***

***Crystal Healing for Women A Modern Guide to the Power of Crystals for Renewed Energy, Strength, and Wellness Discover the physical, mental, and spiritual healing power of crystals and awaken the healer within. Believed to hold restorative powers over our health, crystals have served humanity for millennia. With Crystal Healing for Women, you can unlock the ancient secrets of healing and wisdom held within these stones. Crystal healer and Reiki Master Mariah K. Lyons shares her knowledge in this beautifully-illustrated, practical guide that helps women awaken to their feminine divinity and healing powers, and rekindle their instinctual relationship with nature. She also shows you how to select and care for crystals and incorporate them in rituals. You'll learn to intentionally utilize crystals, helping you to find deeper levels of spiritual growth, integrated healing, and sustainable well-being. Crystal Healing for Women features: • Crystal healing fundamentals: How crystal vibrational energy works as well as how to activate, charge, and cleanse your crystals. • 40 energetic self-care rituals: Daily and seasonal wellness practices plus focused healing and manifestation for fertility, pregnancy, the feminine cycle, anxiety, creativity, and love. • 50 healing crystal profiles: Modern interpretations, individual features, and beautiful photographs of stones with energetic properties and healing compatibilities. • 10 key crystals for women: An in-depth look at select stones chosen for their potency, healing power, and connection to Divine Feminine energy. • Crystals in everyday life: Where to place them in your home and on your body and how to work with them and create crystal-healing grids.***

## ***The Beginner's Guide to Crystals***

***Mind Body Baby: Crystals is a board book that teaches little ones about the power of crystals to enhance their energetic lives. This board book introduces the concept of crystals to young readers and explains how their healing energy can enhance different states of well-being. For babies and their families hoping to amplify positive energy, this little gem of a book provides the answers. With adorable illustrated babies and a hip design, the Mind Body Baby series is the perfect way for adults and their little ones to create a healthy mind and body connection together. An Imprint Book***

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## ***The Little Book of Crystals***

*The Power of Crystal Healing will focus primarily on practical application of stones as a source of healing for afflictions ranging from fatigue to high blood pressure. Uma Silbey, applying her 40 years of experience, presents proven crystal and stone techniques that work to heal the body, mind, emotions, and spirit. Step-by-step instructions for both the beginner and the advanced show how to use crystals to help heal a diverse array of physical ailments like the flu and colds, cancers, nerve and blood disorders, migraine headaches, exhaustion, and stress, as well as emotional concerns like anger and depression, shame and guilt, loss, heartbreak, and finding love. The use of crystals to help heal common mental issues, such as anxiety and narcissism, OCD, suicidal ideation, PTSD, abusive behaviors, and self-harm, is also included. Though the use of crystals themselves can lead to a vastly expanded consciousness, the ability to “feel” or sense the vibrational fields that form the basis of all manifestation can help develop vast intuitive and psychic abilities and bring a deep sense of self. Specific techniques are given to help accelerate these processes. With easy-to-follow instructions, guidelines for building a personal “Crystal Healing Kit,” a diverse array of practices and powerful meditations, and over 100 beautiful pictures of the most powerful healing stones, this book will be an amazing first step for readers seeking a path of transformative healing.*

***“Hi. I’m Crystal.”***

*“This book introduces readers to crystals and gems”--*

## ***The Crystal Children***

*A wonderful workbook for children including information on how to choose, program and cleanse the crystal or stone, the energies and healing properties of the more popular stones and mediation and healing exercises a child can do by him/herself, or with friends and family.*

## ***Crystal Muse***

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*From amethyst to zincite, black onyx to rose quartz, The Beginner's Guide to Crystals is a full-color, photographic guide to more than 60 stunning crystals and their emotional, spiritual, and physical healing benefits. The beauty and allure of these ancient stones are explored in this introductory guide to understanding crystals and their many uses. Harness the healing power of these minerals by using them as a talisman for protection, to manifest intentions, to bring calmness and tranquility, and to enhance concentration and creativity. Complete with clean, modern photographs of each mineral and stone, the crystal profiles contain accessible information on color, chakra, origin, unique magical healing qualities, and uses at work, at home, and in your personal life. With tips for building and maintaining a collection as well as performing crystal rituals for metaphysical healing, The Beginner's Guide to Crystals provides everything you need to experience the wide range of benefits these stones offer. Whether used to treat physical ailments like hypertension, high blood pressure, and circulatory issues, or to soothe emotional issues such as anxiety, fear, and stress, this guide will introduce you to the perfect crystal for bringing wellness and balance to your life.*

### **My Book of Rocks and Minerals**

*Buy the Paperback version and get the Kindle eBook version!! Do you know how to use various types of crystals, to relieve stress and treat your body? This book shows you step by step how to use crystals as "chakras" and the seven "energy centers" with dozens of different applications. Crystals for Beginners takes a gradual approach to introduce you to crystal healing. Include the use of crystals for your relaxation / massage for wellness / healing. Most importantly, answer your most curious questions by including: How to use crystals loaded with earth, water, air and fire? How can you find crystal healing therapy? Healing crystals for anxiety and stress. The best five crystals for developing psychic abilities. and a whole lot more that you will find in this fantastic book by Crystals For Beginners This book will show you many ways to use crystals. It shows you how to use a crystal ball and explains the metaphysical qualities and the little-known uses of crystals and natural stones. Buying this book will prove to be a small big investment today.*

### **The Metaphysical Book of Gems and Crystals**

*This is an easy-to-read, beautifully illustrated book that teaches little ones about connecting to their emotions*

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*through the power of crystals. You will meet Crystal, the main character, who will guide you on an adventure to meet her five friends- Fluorite, Lapis Lazuli, Carnelian, Amethyst, and Rose Quartz. Each crystal character gives examples of when they can be used as a tool for emotional support. Additionally, each crystal is paired with a simple affirmation relevant to its energetic superpowers that can be harnessed by a child to gain a better sense of clarity, confidence, creativity, calmness, and self-love. If a child feels called to it, they can draw their feelings in the back of the book on the "Color with Crystal" pages, or perhaps practice writing the affirmations provided. While a child can hold crystals in their hands literally, they will learn that the true magic is always in their hands emotionally. \*\*Please note that no gemstones, crystals, or rocks are included with the purchase of this book.\*\**

## **Healing Crystals**

*An encyclopedia of rocks and minerals that classifies and explains the physical, spiritual, and healing properties of 95 colored stones. Information provided for crystals includes: Naming, Location, and History; Myths and Legends; Physical Properties; and Uses in Healing Beautiful four-color photography captures the essence and uniqueness of each crystal or stone 192 pages*

## **Crystals R For Kids**

*From choosing and using to programming, charging and cleansing, Crystals is a modern guide to enhancing your life with these enchanting stones. Often referred to as 'wisdom keepers', crystals hold millions of years of the Earth's history within them. Through emitting steady vibrations, they will help you to become more centered and balanced, creating spaces of Zen around you and your home. Featuring 60 of the most common and interesting crystals, this is a practical guide that will teach you about each stone's individual properties and how to harness their powers. Discover which crystals are right for you, where best to position them, the perfect pairings and learn how to look after your crystals on a daily basis to deflect any negativity in your life. Whether you use Fluorite to increase your productivity, Smoky Quartz to detoxify or Rose Quartz to create harmony in your relationships, this practical guide will equip you with all you need to harness the power of your crystals. Disconnect with the digital world and reconnect with your spiritual self as Crystals provides a fresh take on crystal healing that helps you to enhance your inner positivity.*

# Where To Download Healing With Crystals For Kids

## ***Using Gemstones to Connect with Your Superpowers***

*Learn the holistic way to heal with Crystals for Beginners Balancing mind, body, and soul often feels impossible, but it doesn't have to be a struggle. Holistic healing methods with crystals can help harness energies and establish a positive and healthy lifestyle. In Crystals for Beginners, intuitive energy healer and author Karen Frazier walks readers through the basics of how to become our best selves using crystals. In these pages, you'll learn how to heal, find balance and everyday wellness with crystals. Crystals for Beginners is your go-to reference guide for healing your way to greater health and happiness. Crystals for Beginners provides: Crystal Healing 101 covering everything from how to start your crystal collection to healing methods Crystal Profiles featuring in-depth information at how, where, and when to use 10 essential crystals and 40 others Crystal Remedies identifying the most effective crystals for a given issue and demonstrating the different ways to use them Prescriptions for crystals include: Abuse, Addiction, Anger, Anxiety, Balance, Boundaries, Compassion, Courage, Decisiveness, Envy, Forgiveness, Gratitude, Grief, Happiness, Inner Peace, Love, Motivation, Negativity, Patience, Prosperity, Regret, Rejection, Self-Confidence, Stress, Trust. Discover natural cures for everyday ailments with this crystal-clear beginner's guide.*

## ***RAINBOW CRYSTALS for Children***

*This unique book examines the basic principles underpinning the fascinating art of crystal healing. Presented in a simple, easy-to-read style, it is a classic, key piece of writing for anyone seeking to unlock the powerful healing properties of more than 120 crystals. The result of twelve years' research and personal study, author Michael Gienger presents here an exhaustive examination of the therapeutic and healing properties of crystals for all our spiritual, mental and physical needs. Containing a wealth of stunning colour photography and detailed descriptions of crystals and their application, this ground-breaking work provides the first ever comprehensive survey of the art of crystal healing.*

## ***Crystal Power, Crystal Healing***

*Now new moms, moms-to-be, stressed moms, and every mom in between can use the healing power of crystals to increase energy, improve focus, and stay calm throughout life's hectic moments. As a mom, you have enough to*

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*worry about. Your laundry list of responsibilities grows by the day, not to mention, children are also susceptible to the toxic energies around them. Let the natural, healing power of crystals help align your energy, clear your chakras, calm your mind, and keep you and your child open to love and happiness. In Crystals for Mom, discover all the ways crystal healing can benefit your specific needs as a parent, with expert advice about which crystals to use for any situation that may arise. Try emerald crystals to soothe children's nightmares or amber to calm a fussy baby, and black tourmaline to guard against bully parents, or holding rose quartz to remember self-love—each different crystal has a unique purpose and can help your hectic life become calm and fulfilling. Cherish each moment with your little one with this go-to guide that explains all the many benefits of crystals. Learn to select, prepare, and use crystals for meditation and energy healing and even learn tips and tricks to share with your kids, so they too can benefit from the positive energy found in these amazing natural healing stones.*

## **The Essential Guide to Crystals**

*Judy Hall, author of the bestselling Crystal Bible, offers us a fresh way of looking at 12 master healing crystals in this key to opening your higher awareness. Crystal Healing looks at seven crystals attuned to the seven chakras (the body's energy centers) and five "master healer" stones that can be used singly or in combination to relieve stress, promote relaxation, balance the emotions, and invigorate body, mind and spirit. Clear color photographs, along with useful charts, diagrams and grids combine with complete instructions. Special features such as a chart on using crystals for specific ailments make this portable volume a terrific addition to your purse or bed table.*

## **Healing Crystals**

*Create a beautiful and empowering home environment with healing crystals. Infused with the energy of Mother Nature, every crystal has a unique set of healing properties which, armed with a little knowledge, you can unlock and harness to improve all aspects of life. From tackling insomnia to relieving anxiety and fostering creativity, crystals can energise, calm and inspire. Luminosity Crystals founder, Juliette Thornbury, provides all the information you need to source, care for and display your crystals – as well as tips wearing them and taking stones on-the-go. Whether you want to choose the right cluster for your coffee table, or to better understand the powerful potential of these stones, this essential guide will enable you to bring a little more of their transformative energy into your*

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*everyday life.*

## ***Crystals for Healing***

*This new edition of the authoritative **The Essential Crystal Handbook (Duncan Baird 1999)** reveals the full power and mystery of these gems, which can heal our spirits and enhance our lives. More than 100 crystals are grouped by color and presented individually through color photography and in-depth discussions of appearance. Descriptions of individual healing properties and other practical uses are also included, as well as myths and legends surrounding each stone. There is also advice on building and maintaining a collection, as well as expert guidance on crystal healing and meditation, using amulets and birthstones, and working with crystals aligned to our auras, chakras and reflexology points.*

## ***Mind Body Baby: Crystals***

*Askinosie shows how you can transform life's challenges into opportunities for growth by being equipped with the right crystals and mindset. By tapping into the vibrations of crystals, we can access wisdom that is bigger than us individually or as a society. Crystals can empower your life by attracting love, relieving anxiety, grounding you with the energy of the earth, and much more. -- adapted from text on inside front cover.*

## ***Crystals for Beginners***

*Introduce your children to the world of crystals and their healing properties. 39 Crystals with pictures and a simple explanation of their healing properties which makes it super easy for children to understand.*

## ***All About Crystals (A True Book: Digging in Geology)***

*If you LOVE crystals, this is the coloring book for you! Join the founder of one of the world's premier schools of Crystal Therapy to experience the healing power of crystals and stones in a whole new way. You'll experience deeply*

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*transcendent relaxation while having fun, expressing your creativity, and learning more about crystal formations with the ultimate coloring book for modern-day crystal lovers. Crystal enthusiasts and crystal healers alike will get hours of enjoyment from this coloring book. It's packed full of 40 hand-drawn illustrations that feature tons of different crystal formations and intricate crystal mandalas to enhance meditation and promote stress relief.*

## **The Book of Chakra Healing**

*Discover the Holistic Technique of Crystals for Healing All Types of Ailments Temper tantrums, teenage tiredness, infertility, anxiety during pregnancy, hot flashes . . . each new milestone in life brings its own challenges—and crystals can offer a helping hand to see us through. This practical guide, geared towards women, presents the twenty essential therapeutic crystals—plus 10 “bonus” crystals to extend the range of healing possibilities—with clear advice and information about: Beneficial properties of crystals Crystal selection and care How to use them for maximum effect And more! Each crystal carries its own energy, which can be used to rebalance emotions and soothe body, mind, and spirit. Whether laid on the skin, worn as jewelry, used in meditation, or simply placed close by, these miraculous gemstones can bring untold benefits to transform your life every step of the way.*

## **The Power of Crystal Healing**

*Are you one of many cosmic warriors hoping to make a place for healing crystals in your life? Crystals are mysterious objects, shedding light on the bond our planet shares with the stars, and serving as our link to the universe around us. Crystals have been used for thousands of years through almost every culture and in almost every country. These arcane relics are believed to contain the essence of the stars, allowing them to directly affect the human form. From health, to mindfulness, to productivity, and protection - healing crystals have made their own niche in our modern day society. In this comprehensive beginners guide to healing crystals, you will be able to discover: The origin of crystals The healing properties of crystals Crystals from A-Z How to chose your crystals Chakras and auras How to create a crystal grid How to protect yourself with crystals How to cleanse your crystals How to set intentions And much, much more! This guide shares all the information essential to starting a healing crystal practice, and provides insight on specific strategies that work best for each individual person - allowing you to create a healing crystal practice that truly suits what you need in your life. Ready to unlock your connection with*

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*the vast expanse of the universe? Dive in, cosmic warrior, and let's get started. Buy this book NOW and change your life with the healing power of crystals.*

## ***My Crystal Record Book***

*Discover how to use crystals in conjunction with Reiki healing for a powerful, holistic therapy that will improve your health and quality of life. Leading crystal expert Philip Permutt shows how Reiki healing and crystal therapy can be combined for effective self-healing and improved wellbeing. At the simplest level, you can charge a crystal with Reiki energy and then carry it with you or give it to someone in need of support, but this groundbreaking book goes well beyond that. As well as learning how to select and prepare crystals, you will discover the intricate and effective Crystal Reiki grids that will dissolve blocked and stagnant energy, remove negative energy, such as stress, from the body and boost the body's natural self-healing for a range of common health conditions. In this comprehensive guide, Philip identifies 101 crystals that work exceptionally well when combined with Reiki energy. Arranged in colour groups, healing and metaphysical properties, chakra associations and Reiki symbol connections are given for each one. There are also in-depth profiles of quartz crystal, amethyst and ruby – three of the most common and effective crystals used by Reiki Masters.*

## ***Crystals for Beginners***

*Crystal Children reflect the new generation that has come to the Earth plane after the Indigo Children. They are approximately ages 0 through 5, although some members of the first wave of Crystal Children are as old as 7. These children are like Indigos—highly psychic and sensitive—but without the dark edge and the anger energy. The term Crystal Children is already taking hold worldwide, and people everywhere are talking about these special kids. Since Doreen is the only researcher who is publicly giving speeches on the subject, her audiences have been asking her for a book on the topic. It's a natural sequel to her book *The Care and Feeding of Indigo Children*. As babies, Crystal Children may take longer than normal to begin talking. They are highly telepathic, and their tuned-in mothers communicate with them nonverbally. Because they're so sensitive, the Crystal Children babies may fuss and cry a lot in crowded places. They're also very fond of nature. Doreen once watched one Crystal Child walk from tree to tree, giving each one a big hug. Crystal Children are beautiful inside and out, like magnificent little high-priests and*

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*priestesses. One look in their eyes, and you'll recognize Divine love and wisdom. Their auras are bright, radiant, and opalescent—they seem to glow from the inside! They talk about past lives, distant galaxies, and profound insights concerning peace and love. Most Crystal Children's parents are aware that their kids are special, and they're thrilled to be parenting such delightful children. The book includes many interviews with Crystal Children, their parents, and teachers. It discusses parenting and teaching methods that are essential to keeping these children happy and healthy, and how to avoid pitfalls that could spoil their special gifts.*

### **Crystals for Mom**

*Rainbow Crystals for Children is a book for young children of the 21st century with a message that crystals are not just pretty things to be chosen and then forgotten about. They are much more than this. The book is meant to be used by young children (sometimes assisted by an adult) from the time when they first display a reaction to or an interest in crystals to when they are older and can read and follow suggestions and activities for themselves. There are brief explanations of how crystal energies and our own interact. Children are asked to look at why and how they decide a particular crystal is the one for them. The information and ideas offered are meant to lead the child to develop their inquiring and creative nature. Included are games to play to develop memory and perceptual skills. Short meditations are included to bring healing, develop visualization, and focus concentration. Some brief explanations of how crystals began to form millions of years ago and the present day usage of quartz in modern technology make a link between the old and new. A crystal guide with pictures and information about thirty crystals is included. The crystals chosen are ones reasonably easy to find and suitable for children to work with. Children will find that Rainbow Crystals for Children will provide many hours of interest, learning, and fun.*

### **Healing Crystals and Stones**

*Awaken your life using the power of crystals with the ultimate crystals book for beginners Get ready to embark on your journey to better well-being by unlocking the metaphysical mysteries of healing crystals. Connecting with crystals allows you to harness your energy and balance your chakras to mend your body and soul. And this guide teaches you how! The Awakened Life: Crystal Healing explores the natural therapeutic power of crystals, from their chemical composition and ancient connections to the many ways in which preparing and using them can empower*

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*and enhance your life through physical, emotional, and spiritual healing. As you chart your course to better health and wellness, you'll survey the specific healing attributes of each type of crystal, and you'll learn how to select, prepare, charge, activate, and connect with them energetically. You'll also learn how to use the Five Master Healers-clear quartz, rose quartz, amethyst, smoky quartz, and turquoise-and other crystals, to heal the body, mind, and spirit, with techniques and crystal layouts that are easy to follow.*

### **Crystals for Mom**

*A beautiful full-color guide to 250 healing crystals Crystals have been used for millennia for physical and psychic healing, and this book shows you how to harness their energy and power in your everyday life. With a simple, easy-to-understand description and a full-color photo for each crystal, Laurelle Rethke's Connecting with Crystals is a handy reference and a beautiful object for anyone interested in the ancient art of crystal healing.*

### **Healing with Crystals for Kids!**

*A stunning visual reference book for little geologists who love to find fascinating rocks all around them. Identify colorful gemstones, sparkly crystals, the toughest rocks, and ancient fossils. Packed with fun facts, information, and extensive photos all about the rocks and minerals that make up the world around us. Interactive learning that engages young scholarly minds. Learn about 64 different types of rocks and minerals, how to tell the difference between them and where to find them. Dig into all the interesting geological materials from deep space to the deepest caves. You'll even discover glow in the dark minerals and living gems! Find out about the stuff our world is made of, and how rocks and minerals form over time. This captivating book introduces children to hands-on science with fun activities like starting your own impressive rock collection and how to stay safe on your rock finding missions. Written for kids aged 6 to 9 with bite-sized information and explanations. The easy-to-understand language gives them a rock-solid foundation for science subjects. The geology book includes the phonetic pronunciation of the rock and mineral names so your little one will sound like a rock expert in no time. Rockin' It With Stones And Minerals - Stunning high-quality photographs. - Inspiring activities for little Earth scientists. - Over 64 types of rocks, their properties, and how they are formed.*

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## **Crystals for Kids**

*This ancient Indian system of healing focuses on vortices of energy that originate in seven centers of the body. When they become blocked, a variety of ailments can manifest themselves. This book discusses various practical ways to work on chakras, using archetypal and animal associations, crystals, meditation, visualization, affirmations, and physical exercise. It starts by familiarizing the reader with how this mystical, ancient art works as a holistic and spiritual system that promotes harmony and health, and then proceeds to the root chakra. A chart of correspondences includes everything from color and key element to physical and mental functions, and compatible fragrances. It includes a detailed list of suggested activities to stimulate the chakra, such as dining on healing foods, listening to restorative music, and learning from inspirational case histories. Equally exhaustive information is given for the other six chakras: Sacral, Solar Plexus, Heart, Throat, Brow (Third Eye), and Crown. A final section focuses on how other healing disciplines, such as yoga and reiki, incorporate the chakra therapies to restore the optimal physical, emotional, and spiritual self.*

## **The Crystal Fix**

*With this beautiful paperback journal you can record the unique traits of your crystals and precious stones and refer back to it whenever you need to. It's an ideal crystals for beginners companion or gift for the crystal and gemstone enthusiast. Get one for a friend and for yourself. When we first get started with the healing power of crystals the names of gems and precious stones and their unique healing properties is tricky to remember. With so many beautiful crystals and gemstones that attract us, our collection can grow quickly and without recording them we can forget which energy chakras we'd originally intended each crystal for. This crystal log book will ensure the details of each precious stone held in your crystal collection are close at hand. Features include: Size: 6" x 9" 120 pages Lightweight and portable - carry it in your bag or tuck it on the shelf next to your collection Each crystal has its own double page spread to record name, color, description and special characteristics, healing properties and any specific/personal uses as well as other comments for care and maintenance. There's also space to draw a sketch or insert a photograph of each crystal Record up to 60 crystals in this journal. Once it's full, purchase another and keep collecting and recording! Whether you collect astrology stones, crystals for witchcraft or wicca magic, chakra crystals, quartz crystal stones or have a crystal skull collection, there is space in this gemstone book to record all the*

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*important details to help you identify each of your precious and semi precious stones. If it's worth collecting, it's worth recording. Get My Crystal Record Book today and enjoy building and learning more about your collection.*

## ***Cassandra Eason's Illustrated Directory of Healing Crystals***

*"Healing with Crystals for Kids!" is a great introduction to crystals that parents can share with their young children or that can be read by older kids on their own. This book contains sections on the history and science of crystals, as well as kid-friendly information about meditation and the seven main chakras. "Healing with Crystals for Kids!" includes pictures and information about 25 awesome crystals that kids will love to learn about. The paperback version also includes a page for each crystal on which you can record your thoughts, like a crystal journal!*

## ***Crystal Healing for Women***

*Do you like rocks and minerals? How many different ones can you name? "Crystals for Kids" has colorful photographs of 17 kinds of rocks and minerals (also called crystals). See how many you already know and learn what the others look like. The crystals are shown with their names and are also photographed in magical village scenes. Most of the stones are in their polished form. "Crystals for Kids" combines geology with imagination. It has almost no reading, just learning through the creative photographs with the rocks labeled. Look at the fun pictures and learn to identify more rocks and minerals.*

## ***Healing Stones for the Vital Organs***

*Cassandra Eason's unique directory offers accessible information on more than 150 crystals. Each crystal is explored in detail and set in context with its associated mythology, herbs, oils, incenses and astrological significance. Divided into sections by colour, the book describes methods of crystal healing, colour wisdom, ways of working with chakras and aura, and the basics of crystal divination and magic. Learn how to select crystals that are protective and empowering, and how to use them in the work place, home and with children, plants and animals. You'll also discover how to make the most of crystals in the modern world: for decision-making and for cleansing homes and workplaces of pollution, adverse affects of technology and negative earth energies. This book is not only*

# Where To Download Healing With Crystals For Kids

*a comprehensive reference work for beginners and crystal experts alike, it is also an essential workbook, whether you use crystals to bring peace to your home or are a healer looking for new ideas. Previous edition ISBN: 9781843402466*

## **Crystal Healing**

*Now new moms, moms-to-be, stressed moms, and every mom in between can use the healing power of crystals to increase energy, improve focus, and stay calm throughout life's hectic moments. As a mom, you have enough to worry about. Your laundry list of responsibilities grows by the day, not to mention, children are also susceptible to the toxic energies around them. Let the natural, healing power of crystals help align your energy, clear your chakras, calm your mind, and keep you and your child open to love and happiness. In *Crystals for Mom*, discover all the ways crystal healing can benefit your specific needs as a parent, with expert advice about which crystals to use for any situation that may arise. Try emerald crystals to soothe children's nightmares or amber to calm a fussy baby, and black tourmaline to guard against bully parents, or holding rose quartz to remember self-love—each different crystal has a unique purpose and can help your hectic life become calm and fulfilling. Cherish each moment with your little one with this go-to guide that explains all the many benefits of crystals. Learn to select, prepare, and use crystals for meditation and energy healing and even learn tips and tricks to share with your kids, so they too can benefit from the positive energy found in these amazing natural healing stones.*

## **My Crystal Guide**

*The Book of Pendulum Healing, suitable for beginners and adepts alike, offers clear, concise instructions for using ancient dowsing techniques, a modern pendulum, and 30 interrelated intuitive healing charts as a spiritual guidance system. The lessons provided are practical - the dowsing process provides concrete, visible-to-the-eye answers and solutions and other easy-to-learn healing techniques such as communication with the angelic realm, affirmative prayer, meditation, and aura clearing are also included. This profound system opens one's mind to inner intuition and wisdom and addresses many key intellectual, emotional, physical, and spiritual issues.*

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