

Clinical Sports Medicine | afc8d3fbfe2abac96bcd08698478284b

The 5-Minute Sports Medicine Consult
BRUKNER & KHAN'S CLINICAL SPORTS MEDICINE
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BRUKNER & KHAN'S CLINICAL SPORTS MEDICINE: INJURIES, |Basketball Sports
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21st Annual
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The 5-Minute Sports Medicine Consult

Provides hands-on information for the management of both recreational and competitive athletes. Over a thousand full-color clinical illustrations plus a wealth of summary boxes enable you to obtain key information quickly, while authoritative text written by established and emerging authorities provides state-of-the-art know-how on overcoming any challenge in the specialty. Coverage of sports injuries includes structured information on diagnosis, management, and rehabilitation.

BRUKNER & KHANS CLINICAL SPORTS MEDICINE INJURIES

In the time since the original edition of this book was published, the field has only continued to gain in popularity, and the science, concerns and practices have naturally evolved. This second edition, completely revised and expanded, continues to focus on high-yield, comprehensive, pertinent information on diagnostic and management strategies and techniques in sports medicine for medical students, residents and fellows. While the general outline of the book remains the same, each chapter has been updated significantly to reflect the latest in sports medicine research and practice, divided into three sections. Part I presents the essential concepts in sports medicine, including evaluation and exercise prescription, hydration and nutrition, and doping. Conditions and injuries to the upper and lower extremity, spine and hip are discussed in part II, with the latest management strategies outlined in a step-wise approach. Part III is dedicated to considerations for special populations, namely the master, female, pediatric and

adaptive athlete. Bringing together the latest information in a practical, user-friendly format, Essential Sports Medicine, Second Edition will be an excellent textbook for students, residents and fellows in sports medicine and primary care.

CLINICAL SPORTS MEDICINE: THE MEDICINE OF EXERCISE

This book has it all - written by national and international experts and edited by world authorities, it is the first book on sport psychiatry in over a decade. Dealing with psychopathology, mental health problems and clinical management, it differs markedly from sports psychology books that focus on performance issues. Eating disorders, exercise addiction, drug abuse are all problems that are seen in 'everyday' athletes, not just elite performers. This book shows how to help. This text covers the most important topics in contemporary sports psychiatry/psychology from an international perspective. Chapter authors are experts in the field and global leaders in the related professional organizations, including current and past Presidents/Chairs of the International Society for Sports Psychiatry and of the World Psychiatric Association Section on Exercise and Sports Psychiatry. Authors are mainly psychiatrists: the rest are PhD sport psychologists. The book comprises representative chapter authors from around the world, to an extent unprecedented in this topic. The authors and editors are well-informed in global perspectives, e.g., having served as consultants to numerous Olympic teams, in addition to service on the International Society for Sports Psychiatry's Board of Directors. Specifically, this book covers four main categories of topics: 1) mental health challenges faced by athletes (including substance use disorders, exercise addiction, eating disorders, depression, suicide, and concussion), 2) treatment approaches and

therapeutic issues with athletes (including different types of psychotherapy for psychiatric disorders, psychotherapeutic performance enhancement approaches, transference and countertransference issues, achievement by proxy, psychotherapeutic issues as applied to a couple of sports that are played around the world, and use of psychiatric medications in athletes), 3) psychosocial issues affecting athletes (including sexual harassment and abuse, cultural issues, and ethics issues), and 4) the field of sports psychiatry (including work within one common sports psychiatry practice setting, and current status of and challenges in the field of sports psychiatry). There is a growing need for this book. Performance-enhancing drugs, use of psychotropics in impaired athletes, head trauma, sexual abuse, eating disorders, ethics, and depression and suicide in athletes, are just a few of the timely subjects addressed in this text. This is the only comprehensive reference available for those working in the field (or merely interested in it) to consult for current information on these topics. The existing sports psychology texts all focus on performance issues, with little, if any, attention paid to these areas of clinical significance. The book addresses the core differences between sports psychiatry and sports psychology, as well as the areas of overlap. Emphasis is placed on how the disciplines should work together in diagnosing and treating athletes dealing with emotional stress and psychopathology. Chapters include case examples and specific goals listed at the beginning, along with tables and graphs to highlight key concepts.

Sport and Exercise Medicine OSCEs

Oxford Handbook of Sport and Exercise Medicine

This book provides clinicians treating athletes at the point of care with concise, practical keys to evaluation and functional treatment of sports-related problems. It is organized by chief complaint and guides clinicians to a rational differential diagnosis, a thorough history and physical exam, appropriate diagnostic testing, an accurate diagnosis, a sports-specific treatment plan, and safe return-to-play recommendations. Bulleted sections, icons, and a uniform layout help readers quickly find key information to make a diagnosis, order tests, initiate treatment, recognize indications for referral, and identify red flags. Appendices describe injection techniques and detail progressive return-to-play programs for throwing and running athletes.

ACSM's Clinical Exercise Physiology

The revised third edition contains 80 illustrations now in full color! A Doody's Core Title for 2011! WINNER OF THE HIGHLY COMMENDED PRIZE IN THE ORTHOPAEDICS AND RHEUMATOLOGY CATEGORY OF THE 2007 BRITISH MEDICAL ASSOCIATION MEDICAL BOOK AWARDS (of an earlier edition) "A previously good textbook has just got better! I particularly like the colour coding for chapters. Sections have been updated by experts in the individual topic areas. The new illustrations are used to demonstrate principles and example exercises. Brilliant: it is difficult to praise this book highly enough as it is an excellent textbook. The new illustrations, updated sections and use of eminent sports medicine specialists as co-authors help to reassure that every effort has been made to

improve this book."--BMA REVIEWER QUOTE Clinical Sports Medicine has been fully updated from the popular 2nd edition (2000). It is even more practical, now superbly illustrated, easy-to-read and packed with substantially updated and new material. There are samples of several chapters online including the whole "Pain in the Achilles region" chapter. This book describes a completely symptom-oriented approach to treating clinical problems. The practitioner can turn to the chapter that describes the patient presentation (e.g., longstanding groin pain, acute ankle injuries) and review the likely differential diagnoses, the clinical approach, and the full color pictures of the physical examination (physical examination for several major systems are also available as a separate DVD).

Brunker & Khan's Clinical Sports Medicine

Brunker & Khan's Clinical Sports Medicine, the world-leading title in sport and exercise medicine, is an authoritative and practical guide to the complete care of people at all levels of health and function. It is an ideal practical and reference text for physiotherapists, medical doctors, team clinicians, athletic trainers, sports therapists, sports rehabilitators and trainers, as well as students in the health professions and in Human Movement Studies/Kinesiology. To accommodate the rapid advances in the profession, this fifth edition has been expanded into two volumes. The first volume, Injuries, covers aspects of preventing, diagnosing and treating sports-related injuries. This second volume, The Medicine of Exercise, focuses on the health benefits of exercise and discusses the current medical issues in sport. The fourth edition of Clinical Sports Medicine was published in 2012; The Medicine of Exercise comprises 16 of these

chapters, comprehensively revised and rewritten, along with 24 new chapters. The six sections of *The Medicine of Exercise* are: • Physical activity and health (6 chapters) • Managing medical problems (16 chapters) • Exercising in challenging environments (5 chapters) • Exercise medicine for specific groups (5 chapters) • Performance and ethics (5 chapters) • Practical sports medicine (3 chapters)

Textbook of Sports Medicine

'A striking feature of *Clinical Sports Medicine* has always been the authors' relentless commitment to "clinical". This is a unique book.' Dr Emma K Stokes, President, World Confederation for Physical Therapy This world-leading title in sport and exercise medicine is an authoritative and practical guide to physiotherapy and musculoskeletal medicine for clinicians and students. To accommodate the rapid advances in the professions, this fifth edition has been expanded into two volumes. This first volume, *Clinical Sports Medicine: Injuries*, is the essential guide to all aspects of preventing, diagnosing and treating sports-related injuries. It serves physiotherapists, team clinicians, athletic trainers, sports therapists, sports rehabilitators and trainers, as well as students in the health professions and in Human Movement Studies. All chapters have been updated and rewritten by an international team of sports physiotherapists and sports physicians at the top of their fields. More than 550 new figures have been added to bring the total number of illustrations to 1300. There are 15 new chapters, including: • Shoulder pain • Acute knee injuries • Posterior thigh pain • Low back pain • Return to play • Sport-specific biomechanics This ebook is enhanced with 40 video masterclasses showing procedures such as foot examination, hip injections and basic biomechanical

assessment. Note: The second volume, Clinical Sports Medicine: Exercise Medicine, is scheduled for release in 2018 and will focus on the health benefits of exercise and the medical issues in sport. It will serve general practitioners and other clinicians who prescribe exercise to promote health and to treat medical conditions such as heart disease and diabetes. ABOUT THE AUTHORS PETER BRUKNER OAM, MBBS, FACSEP, FACSM, FFSEM Peter Brukner is a Sport and Exercise Physician and currently the Australian cricket team doctor. He was previously Head of Sports Medicine and Sports Science at the Liverpool Football Club in the UK. Peter is the founding partner of the Olympic Park Sports Medicine Centre, a past president of the Australasian College of Sport and Exercise Physicians, and Professor of Sports Medicine at La Trobe University. Peter has been an Olympic team physician and was the Socceroos team doctor at the 2010 World Cup. In 2005 he was awarded the Order of Australia medal (OAM) for services to sports medicine. KARIM KHAN MD, PhD, MBA, FACSEP, FACSM, FFSEM Karim Khan is a Sport and Exercise Physician and Professor of Sports Medicine at the Department of Family Practice at the University of British Columbia, Vancouver, Canada. He is Editor in Chief of the British Journal of Sports Medicine (BJSM) and has published more than 300 peer-reviewed research articles. In 2001, he was awarded the Australian Prime Minister's Medal for service to sports medicine. Karim was profiled in The Lancet in its 2012 Olympic Games issue.

Essential Sports Medicine

THE #1 TEXT IN CLINICAL SPORTS MEDICINE. ESSENTIAL FOR PT STUDENTS, ATHLETIC TRAINERS, AND MEDICINE PHYSICIANS The cornerstone text on sports and exercise

medicine A Doody's Core Title for 2017! Brukner & Khan's Clinical Sports Medicine is the world-leading title in sports and exercise medicine, providing an authoritative foundation for clinicians and students. This complete practical guide to physiotherapy and musculoskeletal medicine covers all aspects of diagnosis and contemporary management of sports-related injuries. This fifth edition has been expanded to accommodate a much higher level of evidence-based content. It reflects the huge amount of new research and significant changes in thinking since the fourth edition was published. For this volume, Injuries, all chapters have been comprehensively updated by sports physiotherapists and sports physicians at the top of their fields from around the world. There are more than 300 new figures and tables, as well as six new chapters including • Training programming and prescription• Return to play• Pain: the clinical aspects Ask your School library to subscribe to: <http://csm.mhmedical.com/>

Clinical Sports Nutrition

Here is a practical, step-by-step guide to understanding the treatment process and selecting the most appropriate intervention for your patient. Superbly illustrated, in-depth coverage shows you how to identify functional deficits, determine what treatments are appropriate, and then to implement them to achieve the best functional outcome for your patients.

Pediatric Practice Sports Medicine

The Bible of Sports Medicine - Now enhanced by a new companion website! Brukner and Khan's Clinical Sports Medicine 4th Edition is the complete practical guide to musculoskeletal medicine and physical therapy, covering all aspects of diagnosis and management of sports-related injuries and physical activity. Extensively revised and expanded by the world's leading sports physicians, this fourth edition continues to set the standard as the pinnacle of current knowledge and practice in sports medicine. At 1,270 pages, 67 chapters and over 1000 full colour images, the fourth edition has 25% more content than the best-selling third edition. All aspects of diagnosis and management of sports-related injuries and physical activity are covered, including the fundamental principles of sports medicine, diagnosis and treatment of sports injuries, enhancement of sports performance and dealing with special groups of participants. With a focus on clinical relevance, each chapter has been comprehensively reviewed and updated and there are 13 brand new chapters covering hot topics such as challenging hip pain, sudden death in sport, hamstring tear management, sideline emergency care, and the latest in pain science. Led by Peter Brukner (Head of Sports Medicine and Sports Science, Liverpool Football Club) and Karim Khan (Professor, University of British Columbia, Vancouver), the 100 strong author team, representing 14 countries around the world, are all renowned experts in their field and have an average of 15 years practical experience. Key Features: - New companion website featuring over 4 hours of assessment and treatment video and audio material which will be updated regularly - 12 months access with book purchase - Comprehensively reviewed and updated featuring an expert international author team - Expanded! Includes 13 new chapters covering topics such as hip pain, military medicine, prevention of sudden cardiac death and the integration of evidence into clinical practice - MORE illustrations than ever before with

over 1000 colour photographs demonstrating techniques, exercises and sports injuries and purpose drawn full colour anatomical illustrations - Full colour text design greatly enhances readability of the content while clear colour differentiation for headings and figures ensures ease of use The fourth edition is enhanced by a new companion website featuring Clinical Sports Medicine Masterclasses Online. Readers will gain access to this secure site via a pincode included with the book. The site will include video clips of clinical examinations, interviews with leading experts and will be updated regularly. **Brookner and Khan's Clinical Sports Medicine 4E** provides excellent value as an authoritative clinical foundation for physiotherapists, medical practitioners, osteopaths, massage therapists, podiatrists, sports/athletic trainers, sports therapists, fitness leaders and athletes. It is widely adopted by students in sports physiotherapy, medicine, and human movement studies/kinesiology.

VALUE PACK CLINICAL SPORTS MEDICINE 5E - VOL 1 And 2

ACSM's Clinical Exercise Physiology adapts and expands upon the disease-related content from **ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription, 7th Edition**, to create a true classroom textbook. This new resource offers research-based coverage of more than 35 conditions commonly seen in practice—from a host of cardiovascular disorders to immunological/hematological disorders. Condition chapters are organized by disease types and then divided into sections that cover specific conditions from a pathological and etiological perspective. To provide a complete view of clinical exercise physiology, the book also covers important considerations and foundational elements, such as screening, pharmacology, and electrocardiography. As an

American College of Sports Medicine publication, the text offers the unsurpassed quality and excellence that has become synonymous with titles by the leading exercise science organization in the world.

Clinical Sports Medicine

This book is designed as a comprehensive educational resource not only for basketball medical caregivers and scientists but for all basketball personnel. Written by a multidisciplinary team of leading experts in their fields, it provides information and guidance on injury prevention, injury management, and rehabilitation for physicians, physical therapists, athletic trainers, rehabilitation specialists, conditioning trainers, and coaches. All commonly encountered injuries and a variety of situations and scenarios specific to basketball are covered with the aid of more than 200 color photos and illustrations. Basketball Sports Medicine and Science is published in collaboration with ESSKA and will represent a superb, comprehensive educational resource. It is further hoped that the book will serve as a link between the different disciplines and modalities involved in basketball care, creating a common language and improving communication within the team staff and environment.

Clinical Guide to Sports Injuries

Edited by past presidents of the American Medical Society for Sports Medicine, Netter's Sports Medicine, 2nd Edition, is a superbly illustrated, go-to sports medicine resource for

the outpatient office, the training room, on the sideline, and for certification preparation. Designed for quick reference, this interdisciplinary reference by Drs. Christopher Madden, Margot Putukian, Eric McCarty, and Craig Young, is organized by both topic and sport, so you can find what you need quickly. Whether you are a primary care physician managing a common or unique musculoskeletal injury in an ambulatory setting an orthopaedic surgeon gaining insight about a medical or psychological problem foreign to the cast or operating room an athletic trainer figuring out a diagnosis in the training room or a physical therapist pursuing further in-depth sports medicine knowledge, this reference gives you the guidance you need to keep athletes and other active patients at the top of their game. More than 1,000 superb Netter graphics, tables, figures, pictures, diagnostic images, and other medical artwork highlight the easy-to-read, bulleted text. Ideal for the sports clinician, team physician, and any health care professionals who provide care to athletes and active individuals. New chapters on travel considerations for the athlete, EKG interpretation, cardiac disease, diagnostic imaging and ultrasound, injury prevention protocols, equestrian sports and rodeo medicine, mixed martial arts, and many more. Up-to-date coverage of nutritional supplements, eating disorders, sports and pharmacology for chronic conditions and behavioral medicine, and extreme and adventure sports.

Clinical Sports Anatomy

Now in its Second Edition, *The 5-Minute Sports Medicine Consult* is a clinically oriented quick consult reference for sports medicine. Common sports-related problems faced by primary care practitioners are thoroughly and concisely presented in the famous fast-

access 5-Minute Consult format. Chapters on musculoskeletal problems cover basics; diagnosis; acute treatment, including on-field management; long-term treatment, including rehabilitation and referrals; and commonly asked questions. Other chapters address the special populations of children, adolescents, females, geriatric athletes, and disabled athletes and general medical problems in athletic individuals. Appendices include musculoskeletal radiography, office rehabilitation, and joint and soft tissue injection.

Evidence-Based Practice in Sport and Exercise

Sports medicine is a popular medical sub-specialty. Sports medicine certainly overlaps with general musculoskeletal medicine, but there are important differences to be aware of. This book provides comprehensive, pertinent information about sports medicine so that the busy clinician can find it accessible and practical. Medical students, residents, and fellows will find the book useful for providing an accessible overview of the most salient points in the field of sports medicine.

Clinical Sports Medicine

**A treatment-focused guide for sports-related health issues in children and adolescents
JAMA REVIEW! "The editors are outstanding, experienced physicians with a great wealth of knowledge as well as practical proficiency in this field. The other contributors are also first-rate authors, and all have done a wonderful job in researching the subjects and**

writing them up in a way that is easy to read and understand. I firmly believe that Pediatric Practice Sports Medicine will quickly become the favorite of students, residents, and primary care clinicians. It will be embraced because of its ease of use and its valuable, practical contents. I am sure it will find its way to medical libraries throughout the nation or world and to most offices for primary care clinicians. I would recommend this book for anyone dealing with pediatric and adolescent patients, even if that interaction takes place only a few times per year. I think that this will be a must-have reference for pediatricians, family practitioners, student health clinicians, pediatric and family nurse practitioners, and physician assistants and anyone working with children and adolescents."--Journal of the American Medical Association 4 STAR DOODY'S REVIEW " The book does an outstanding job of describing the etiology, presentation, evaluation, and treatment of various problems, providing a quick and valuable resource for practitioners. This is a well organized, comprehensive book that will prove useful to any primary care physician who treats younger athletes. The detailed discussions of common problems supplemented by numerous illustrations and tables will simplify the often challenging task of caring for this demanding patient population."--Doody's Review Service "Pediatric Practice: Sports Medicine is a 'must-have' book for every medical practitioner who provides care to children and adolescents."--Sandra J. Hoffmann, MD, MS, FACSM, FACP, Fellow of the American College of Sports Medicine, Board of Trustees (2006-2009) of the American College of Sport Medicine, Associate Professor, Dept. of Family Medicine, Idaho State University School of Medicine (from the foreword) Pediatric Practice: Sports Medicine explains the practical aspects of treating children who participate in sports. The authors cover everything from screening and safety issues to the treatment of sports-related injuries and trauma. How to manage patients with

medical conditions that impact sports participation is also included. Providing critical information about what you need to know and do in virtually any case, this book also offers valuable perspectives on pathophysiology, epidemiology, and diagnosis. This full color guide is designed to ensure quick, easy searches for treatment directives. Perfect for pediatricians, family practice physicians, and nurse practitioners, Pediatric Practice: Sports Medicine is the handiest and most comprehensive guide available for treating children participating in sports of all kinds. Features of the Pediatric Practice Series: More than 450 full-color illustrations Tips that tell you what you must know--and what you must do--at every stage of care Diagnostic and treatment algorithms Signs/Symptoms and Differential Diagnosis boxes "What to Refer" boxes, which examine all the relevant clinical considerations Diagnostic Tests--with a realistic emphasis on the right tests to order Medical Treatment coverage that includes drugs, dosages, and administration in an easy-to-read tabular format Convenient icons and a templated chapter design

Adaptive Sports Medicine

Patient-based learning made simple! Understanding the anatomy of a sports injury is the key to unlocking the diagnosis for most clinicians. Unfortunately, anatomy is often poorly taught, is not clinically focused, and many anatomy textbooks are so complicated that searching for clinically useful information is difficult. In addition, multiple pathologies can present in an overlapping fashion, making the differentiation of the various possible causes of injury problematic. Clinical Sports Anatomy classifies structures according to their anatomical reference points to form a diagnostic triangle. Discriminant questions

are coupled with the more useful clinical tests and diagnostic manoeuvres to direct the reader toward a definitive clinical diagnosis. This approach is firmly rooted in evidence-based medicine and includes a list of the most appropriate investigations required to confirm diagnosis. This book is a valuable tool for anyone training to work, or already working, in musculoskeletal medicine. Physical therapists, athletic trainers, primary care physicians and residents, orthopedists and residents, and sports physicians and residents will all find this work useful in training, refreshing their knowledge of anatomy, or as a means of training others. Features: A novel diagnostic approach to categorising differential diagnoses High quality anatomical diagrams and easy to read tables Case histories practically demonstrate the application of this approach

Improving Functional Outcomes in Physical Rehabilitation

As the only text on the market for Sport and Exercise Medicine objective structured clinical examinations (OSCEs), this is an invaluable guide for those studying sport and exercise medicine and sitting examinations. Whilst specifically targeted at the OSCE, this book will have much wider appeal throughout the clinical setting. Sport and Exercise Medicine is a new and developing specialty and there has been a rapid increase in the number of universities offering MSc degrees in Sport and Exercise Medicine and more candidates year on the year sitting the Faculty of Sport and Exercise Medicine (FSEM) diploma exam. It is a niche specialty, with very little content taught at an undergraduate level, therefore knowing the material that is examined is often challenging compared with other specialties. This book provides the content to fill that need. The book is divided into sections based on the main topics that arise in sport and exercise medicine

OSCEs, with both core knowledge and practical tips to ensure a fluid and confident performance by the examinee in every station. A wide range of readers will benefit from this book, including those about to sit a postgraduate examination in sport and exercise medicine or those enrolled in a postgraduate certificate or master's course in the specialty. It will also be useful to doctors and allied healthcare professionals, such as physiotherapists, sports therapists, podiatrists and nurses, as well as undergraduate students. Further, the young clinician who is just starting out and wants to build their confidence in musculoskeletal assessment and presenting to seniors will gain much from reading this book.

Essential Sports Medicine

This first-of-its-kind text provides a comprehensive presentation and review of the unique aspects of adaptive sports medicine and adaptive athletes, who are increasingly active and prominent, not only individually and in local leagues and organizations but also in larger settings like the Paralympics. Divided into thematic sections, part one covers the history and natural course of the care, policies and laws that have been developed over the years for persons with disabilities, as well as the biomechanics and technology of wheelchair sports and adaptive sports prostheses. The medical considerations of the adaptive athlete comprise part two, including injury epidemiology, emergent care, and surgical and rehabilitative considerations. Part three, by far the most extensive section, discusses specific wheelchair and adaptive sports, including adaptive running, cycling, water sports and throwing sports, wheelchair basketball, softball and rugby, as well as adaptive combative and extreme sports. Selected topics, including

event planning, advocacy and controversies such as doping, are covered in part four. A comprehensive yet practical text, Adaptive Sports Medicine is a go-to resource and will be an invaluable reference for any sports medicine or primary medicine practitioner working with this unique population.

Clinical Sports Medicine

The area of sports nutrition is one of the fastest growing of the sports sciences. It is now recognised that nutrition has an extremely important role to play in health, but also in human performance. This book has been produced to fill a great need internationally for a scientific textbook on the expanding field of sports nutrition. The book covers general principles of sports nutrition, nutritional needs for special groups, such as overweight athletes and those with iron deficiency, and also specific nutritional problems in sports medicine, such as amenorrhea and stress fractures.

Stress Fractures

This text provides practical information on the management of injuries and other medical concerns of athletes. Written by well-respected sports medicine physicians who describe the functional anatomy, evaluation, non-operative management, and rehabilitation of common athletic injuries--information of immediate use to the physician.

The Hughston Clinic Sports Medicine Field Manual

The Textbook of Sports Medicine provides comprehensive coverage of both basic science and clinical aspects of sports injury and physical activity. More than one hundred of the World's leading authorities within exercise physiology, clinical internal medicine, sports medicine and traumatology have contributed with evidence-based state-of-the-art chapters to produce the most complete integration ever of sports medicine science into one book. Great attention has been given to providing balanced coverage of all aspects of sports medicine, with respect to the relevance and clinical importance of each area. The book isolates solid principles and knowledge, and the documentation to support these, as well as identifying areas where further scientific investigation is needed. The topics dealt with and the degree of detail in the individual chapters, makes the book ideal for both educational programs at University level within exercise science and sports medicine, as well as for post-graduate courses within all aspects of sports medicine. In addition, the book will be excellent as a reference book in any place where professionals whether doctors, exercise scientists, physiotherapists or coaches are dealing with supervision or treatment of sports-active individuals. Finally, the book is well structured to act as an introduction to research in the field of sports medicine.

Equine Sports Medicine and Surgery

Clinical Sports Anatomy

Brokner & Khan's Clinical Sports Medicine, the world-leading title in sport and exercise

medicine. To accommodate the rapid advances in the profession, this fifth edition has been expanded into two volumes. The first volume, Injuries, is the essential guide to all aspects of preventing, diagnosing and treating sports-related injuries. This second volume, The Medicine of Exercise, focuses on the health benefits of exercise and discusses the current medical issues in sport. The six sections of The Medicine of Exercise are: * Physical activity and health (6 chapters) * Managing medical problems (16 chapters) * Exercising in challenging environments (5 chapters) * Exercise medicine for specific groups (5 chapters) * Performance and ethics (5 chapters) * Practical sports medicine (3 chapters)

Netter's Sports Medicine E-Book

A Doody's Core Title! "Clinical Sports Medicine" has established itself as the authoritative reference for clinicians who treat musculoskeletal conditions and prescribe activity. New to this Edition: Currency: Includes six new chapters, with all others substantially revised; this edition successfully integrates research discoveries with the latest clinical developments in physiotherapy and medicine Full Color: Completely new art program, in full color, highlights key concepts in a visual and appealing manner Patient Education: A Bonus CD contains a comprehensive set of Patient Information Sheets for both common and rare sports injuries. Excellent for clinicians in consultations and forms an effective study tool for students "Clinical Sports Medicine" takes a multidisciplinary perspective and is designed for practicing clinicians including physiotherapists, general practitioners, and remedial massage therapists. It is essential reading for students in these fields.

Athletic Training Clinical Workbook

What is the evidence? Why do you need it? How do you evaluate it? How do you use it to make decisions? Put the evidence to work for your patients. Master the knowledge and clinical decision-making skills you need to provide the very best care for your clients...based on the evidence. Step by step, you'll learn how to find and evaluate the existing research and determine whether there is sufficient clinical evidence to support a specific treatment and whether it should be recommended or used to address a client's need. A wealth of examples drawn from the literature illustrates its role in everyday practice.

Brukner & Khan's Clinical Sports Medicine

Waiting in the training room? Have downtime on the field? Take this portable workbook with you wherever you go to confidently prepare for the competencies required by the BOC and meet the challenges you'll face in clinical and practice. Draw on true-to-life experiences to enhance your critical-thinking and clinical-reasoning skills and effectively evaluate, assess, and diagnose your patients. Clinical scenarios in every chapter mirror the scenarios and related questions you'll find on the certification exam.

Sports Medicine Consult

This unique resource provides the most up-to-date, in-depth coverage of the basic and

clinical sciences required for management of the equine athlete. The unique treatment of exercise physiology and training within a clinical context, together with a detailed review of all diseases affecting athletic horses, makes this the most comprehensive text available. Provides a thorough grounding in the basic physiology of each body system, and in particular the responses of each body system to exercise and training. The internationally renowned team of contributors has created the ultimate reference for veterinarians, students, horse-owners, and all those involved in the world of equine athletics. High quality artwork, including relevant radiographic, ultrasonographic, CAT scan, and MRI images, aid understanding and diagnosis Provides a truly international perspective, including guidelines pertinent to different geographic areas, and racing jurisdictions In-depth coverage of the role of the veterinarian in the management of athletic horses Explores the use of complementary therapies

Netter's Sports Medicine

The cornerstone text on sports and exercise medicine Brukner & Khan's Clinical Sports Medicine is the world-leading title in sports and exercise medicine, providing an authoritative foundation for clinicians and students. This complete practical guide to physiotherapy and musculoskeletal medicine covers all aspects of diagnosis and contemporary management of sports-related injuries. This fifth edition has been expanded to accommodate a much higher level of evidence-based content. It reflects the huge amount of new research and significant changes in thinking since the fourth edition was published. For this volume, Injuries, all chapters have been comprehensively updated by sports physiotherapists and sports physicians at the top of their fields from

around the world. There are more than 300 new figures and tables, as well as six new chapters including • Training programming and prescription • Return to play • Pain: the clinical aspects An ebook with linked masterclass videos is also available. For details go to www.mheducation.com.au

Clinical Sports Psychiatry

Clinical Sports Medicine

Brokner & Khan's Clinical Sports Medicine Volume 2: The medicine of exercise, Fifth Edition

Accompanying CD-ROM contains "convenient electronic access to the text's illustrations, downloadable for use in presentations, as well as diagnosis-specific office handouts that can be given to patients who want to know more about their conditions."--P. [4] of cover.

BRUKNER & KHAN'S CLINICAL SPORTS MEDICINE: INJURIES, |

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Developments THE #1 TEXT IN SPORTS MEDICINE! Brukner & Khan's Clinical Sports Medicine is the world-leading title in sports and exercise medicine, providing an authoritative foundation for clinicians and students. This complete practical guide to physiotherapy and musculoskeletal medicine covers all aspects of diagnosis and contemporary management of sports-related injuries. The Fifth Edition has been expanded to accommodate a much higher level of evidence-based content. It reflects the huge amount of new research and significant changes in thinking since the previous edition was published. The contributing editors are an international compilation of globally recognized experts within their fields. This is essential reading for sports medicine physicians, physical therapists, and physical therapy students. Topics in Volume Two Include: •Exercise and health•Exercise and disease•Environment •Harassment and abuse•Special groups•Maximizing athletic performance•Nutrition for performance

Basketball Sports Medicine and Science

Fully revised and updated, with a new section on the older patient and expanded advice on physiotherapy and rehabilitation programmes, this handbook is an indispensable companion for any professional working in sport and exercise medicine.

Clinical Sports Medicine

Providing comprehensive discussion of this newly developing branch of sports medicine,

this unique and up-to-date book focuses specifically on the treatment of athletes who train for and participate in endurance sporting events, including not only traditional endurance athletes such as runners, swimmers, bikers and triathletes, but also rowers, adventure racers, military personnel, and cross-fit athletes. Detailing strategies for not only treating and preventing injuries and conditions but also for optimizing an athlete's performance, it is divided into three thematic sections. The first section covers common medical conditions faced by the endurance athlete, including cardiovascular conditions, asthma, and heat- and altitude-related illnesses, while also discussing gender differences, pregnancy and the pediatric endurance athlete. Section two focuses on the management of common musculoskeletal conditions, such as stress fractures, overuse injuries of the soft tissue, compartment syndrome, shoulder and hip injuries, and exercise and osteoarthritis. The last section presents special considerations for the endurance athlete, including gait and swim-stroke analysis, bike fitting, mental preparation, optimizing nutrition, and how to organize medical coverage for events, as well as decision-making for return to play. A timely topic and one which has not been written about extensively in one concise collection of chapters, Endurance Sports Medicine is a valuable guide for sports medicine physicians, orthopedists, athletic trainers, physical therapists, coaches, officials, and athletes in understanding the needs of the determined individuals who participate in endurance sports.

Clinical Sports Medicine [DVD].

Patient-based learning made simple Understanding the anatomy of a sports injury is the key to unlocking the diagnosis for most clinicians. Unfortunately, anatomy is often poorly

taught, is not clinically focused and many anatomy textbooks are so complicated that searching for clinically useful information is difficult. In addition, multiple pathologies can present in an overlapping fashion, making the differentiation of the various possible causes of injury problematic. Clinical Sports Anatomy classifies structures according to their anatomical reference points to form a diagnostic triangle. Discriminant questions are coupled with the more useful clinical tests and diagnostic manoeuvres to direct the reader toward a definitive clinical diagnosis. This approach is firmly rooted in evidence-based medicine and includes a list of the most appropriate investigations required to confirm diagnosis. Key Features the four step process (define and align; listen and localize; palpate and re-create; alleviate and investigate) the accurate orientation of the "triangle system" which aligns the questioning and subsequent examination to focus on surrounding structures that may be injured, not just the most obvious one diagnostic reference tables 38 case studies of patient presentations covering a variety of sports injuries over 60 rich and original anatomical illustrations

21st Annual meeting of the Japanese Society of Clinical Sports Medicine

Illustrated with more than 400 full color illustrations and 120 photos, Clinical Guide to Sports Injuries is an outstanding guide to the diagnosis, treatment, and rehabilitation of sports injuries. See and learn how to evaluate and treat a wide range of sports injuries and to confidently handle each step in the injury management process. You'll also learn how to prescribe rehabilitation exercises to your patients. Clinical Guide to Sports Injuries is a well-organized, easy-to-understand, and richly illustrated text for general practitioners and sports medicine specialists - anyone who needs to know how to

diagnose and treat sports injuries of all kinds.

Clinical Sports Medicine Third Revised Edition

This much-needed reference serves as your best source for up-to-date, organized information on stress fractures. Written by three leading authorities in this area, Stress Fractures covers the pathophysiology, epidemiology, risk factors, and treatment associated with these injuries. The reference provides both theory about development of stress fractures and practical management of the various types and sites of stress fractures. It is an essential reference for all clinicians involved in the diagnosis, prescription, and management of these injuries. Authors Peter Brukner, Kim Bennell, and Gordon Matheson draw together their extensive knowledge base and expertise to provide current and comprehensive information about the subject. The pathophysiology and epidemiology of stress fractures are covered in the first two chapters. A general overview of diagnosis and treatment of stress fractures is provided in the following two chapters. In the concluding chapters, the management of specific stress fractures is described in detail for the upper limb, the trunk, the pelvis and thigh, the lower leg, and the foot and ankle. Recent advances in nuclear isotope scans, CT scans, and MRI have enabled stress fractures to be detected and identified much more easily. Stress Fractures pulls together the important information on the topic and offers a valuable, practical guide to risk factors and treatment options for this increasingly prevalent type of injury. This book is published by Blackwell Science and is not available from Human Kinetics in Australia.

Endurance Sports Medicine

Preceded by: Netter's sports medicine / Christopher Madden [et al.]; illustrations by Frank H. Netter; contributing illustrators, Carlos A.G. Machado [et al.]. c2010.

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