

## **Basic Nutrition Study Guides | 5ac9d6c6cb756e0c4aac0046fea4769e**

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*General Information. These questions represent one of four subdivisions of the topic Physiological Integrity covered on the NCLEX-RN® exam. They examine the best practices for patient care during daily living activities, such as hygiene, physical movement, and obtaining nutrition. Here are some of the concepts you are likely to encounter in these questions.*

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*Jun 11, 2021 · CJBAT Exam. This is a resource that will help you prepare for the Criminal Justice Basic Abilities Test (CJBAT) exam. Whether you're testing for law enforcement (LEO) or the correctional officer (CO) version, our goal is to provide you with details and background on the test, and give you a better idea of what to expect when you take the exam.*

*Nutrition in Animals The nutrients used by animals include carbohydrates, lipids, nucleic acids, proteins, minerals, and vitamins. Carbohydrates are the basic source of energy for all animals.*

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*A food pyramid is a representation of the optimal number of servings to be eaten each day from each of the basic food groups. The first pyramid was published in Sweden in 1974. The 1992 pyramid introduced by the United States Department of Agriculture (USDA) was called the "Food Guide Pyramid" or "Eating Right Pyramid". It was updated in 2005 to "MyPyramid", and then it ...*

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*A "Quiz Bowl" is a quiz game that tests teams of 4 on their knowledge of basic nutrition, consumer information, food and kitchen safety, food preparation skills and storage, and health. Up against the clock, the 4-Hers buzz in to answer a question and earn points for correct answers.*

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